

## WARNING SIGNS OF DATING VIOLENCE

- Checks cell phone or email without permission
- Constant put-downs
- Extreme jealousy or insecurity
- Excessive temper
- Isolates partner from friends and/or family
- Makes false accusations
- Mood swings
- Physically hurts partner in any way
- Possessiveness
- Tells partner what to do
- Pressures partner to have sex



**TRUST YOUR INSTINCTS.**  
**CHECK-✓IN WITH FRIENDS.**  
**Don't be a bystander to violence.**

#1is2many

This project is supported by Grant No. 2012-WA-AX-0005 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions and recommendations expressed in this publication are those of the authors and do not necessarily reflect the views of the U.S. Department of Justice, Office on Violence Against Women.

# NO MORE

TOGETHER WE CAN END  
DOMESTIC VIOLENCE & SEXUAL ASSAULT

Emergency or Police  
911

National Hotlines

1-800-656-HOPE (Sexual Assault)

1-800-799-SAFE (Domestic Violence)