

KNOW MORE, DO MORE!

RESOURCE SHEET

West Virginia Sexual Violence Prevention Resource and Training Toolkit: A Guide for Working with School-Age Children and Youth

CHECK IT OUT..... WEST VIRGINIA SEXUAL VIOLENCE PREVENTION RESOURCE AND TRAINING TOOLKIT

PRIMARY PREVENTION

Efforts to prevent sexual violence before it occurs is called primary prevention. This means bringing about changes in individuals, relationships, communities and society through strategies, like bystander intervention, that promote healthy relationships and healthy sexuality.

- B4. Approach to Prevention – Page B30
- B4. Characteristics of Effective Prevention Programs – Page B31
- B4. Tips for Facilitating Training and Prevention Activities – Page B31
- B5. Middle School Sexual Violence Prevention Program – Page B46
- C2. Continuum for the Prevention of Violence - Primary Prevention - Pages C2-11
- D5. Bullying Prevention Ideas – Page D20-D22
- D6. Features of Successful Sexual Violence Training and Prevention Programs – Pages D26-D36
- D8. Barriers to Success for Sexual Violence Training and Prevention Programs – Pages D40-D44
- E8. Primary Prevention Resources – Pages C39-42

HEALTHY RELATIONSHIPS

A healthy relationship is the connection between people that increases a person's well-being, is mutually enjoyable and supports each person's positive self-concept.

- B4. Promoting Healthy Sexuality and Healthy Relationships- Pages B33-B34
- D1. Explanation of Terms – Pages D5
- D3. Risk and Protective Factors for Sexual Violence – Pages D13-D14
- D7. Talking About Sex and Relationships – Pages D38-D39
- E6. Healthy Relationship Resources – Pages E29-E33

CHILD SEXUAL ABUSE

Child sexual abuse is the dominant position of an adult that allows him or her to force or coerce a child into sexual activity. That sexual activity includes, but is not limited to, sexual intercourse, sexual intrusion and/or sexual contact.

- B1. Sexual Violence Laws – Page B4
- B1. Child Sexual Abuse – Pages B8-B9
- B2. Victim Blaming – Page B16-B18
- B2. Sex Offenders – Power and Control – Pages B18-B19
- B2. No Typical Profile – Pages B19
- B3. Responding to Disclosures of Sexual Violence – Pages B21
- B4. Traumatic Reactions – Pages B22-B23
- B4. Mandatory Reporting – Pages B23-B24
- D2. Prevalence of Sexual Violence Against Children and Youth- Page D9-D10
- D2. Nature of Victimization – Page D10-D11
- D10. Dealing with Disclosures of Sexual Victimization of Children and Youth – Pages D47–D50
- E3. Child Sexual Abuse Resources – Pages E15–E20
- E7. Internet Safety Resources – Pages E34-E37

BYSTANDER INTERVENTION

Bystander intervention is a strategy that mobilizes individuals to intervene safely when they see acts of violence or situations that are likely to escalate to violence.

- B4. Addressing Bystander Intervention – Pages B34-B35
- B4. Types of Bystanders – Page B35
- B4. Obstacles to Response – Page B35
- B4. Options for Responding – Page B36
- B4. Safety First – Page B36
- B4. Features of Effective Bystander Intervention Programs – Page B37
- E2. Bystander Intervention Resources – Pages E3-E15

BULLYING/CYBERBULLYING

Bullying is an aggressive behavior and a form of abuse repeated over time and involving an imbalance of power. It can be physical, verbal, or emotional and can occur via e-mail, a text message, a game or on a social networking site. When the bullying or harassment happens online, that is called cyberbullying. It might involve spreading rumors or images posted on someone's profile or passed around for others to see, or creating a group or page to make a person feel left out.

- B1. Bullying – Pages B12-B13
- B1. Cyberbullying- Pages B14-B15
- D4. Bullying and Electronic Aggression - Pages D15
- D4. How Common – Pages D15-D16
- D4. Health Effects – Pages D17-D20
- E1. Bullying Resources – Pages E3-E12
- E4. Cyberbullying Resources- Pages E20-E27
- E7. Internet Safety Resources – Pages E34-E37
- CyberVirus - <https://www.youtube.com/watch?v=vmQ8nM7b6XQ>

ADDITIONAL RESOURCES YOU SHOULD KNOW ABOUT

Internet Safety

- **Living Life Online** - This free, colorful and interactive publication teaches kids to be good digital citizens by staying safe online, thinking critically, understanding advertising, and having good online and cell phone etiquette. For kids ages 8-14. – Available at <https://bulkorder.ftc.gov/publications/living-life-online>
- **Net Cetera: Chatting with Kids About Being Online** - This free guide can help. It covers topics like social media, mobile devices, cyberbullying, and computer security- Available at <https://bulkorder.ftc.gov/publications/net-cetera-chatting-kids-about-being-online>
- **Heads Up: Stop. Think. Connect-** This free booklet helps kids socialize safely online. Available at <https://bulkorder.ftc.gov/publications/heads-stop-think-connect>
- **A Basic Guide To Protecting Kids, Tweens and Teens Online** – This informational booklet provided by the WVSP Crimes Against Children Unit provides must know information about staying safe-online.
- **Apps You Want To Know: A Parent’s Guide to What You May or May Not Want to Know About Your Child’s Social Media Life** – This free informational booklet provides background information on apps and questions to start the discussion about participation in social media.
- **Sexting - Tips to Prevent Sexting** (NetSmartz) - A Collection of Resources for Educators and Students <http://www.netsmartz.org/Sexting>
- **Sexting - Ally's Story Video - Second Thoughts on Sexting** - <https://www.common sense media.org/videos/allys-story-second-thoughts-on-sexting> This video with lessons profiles a high school sophomore who suffers the consequences of sending naked photos, or sexts, to her ex-boyfriend. Related lessons can be found with "[Overexposed: Sexting and Relationships.](#)" Created by Common Sense Media.