

Red Flags of Abuse:

The following is a list of early warning signs that someone may be abusive. This list was put together by survivors of domestic violence who reflected on the early phases of the battering relationship and identified some early warning signs of abusers.*

Someone who:

- ▶ Wants to move to quickly into the relationship.
- ▶ Does not honor your boundaries.
- ▶ Is excessively jealous and accuses you of having affairs.
- ▶ Wants to know where you are all of the time and frequently calls, emails and texts you throughout the day.
- ▶ Criticizes you or puts you down; most commonly tells you that you are "crazy," "stupid" and/or "fat," or that no one would ever want or love you.
- ▶ Says one thing and does another.
- ▶ Takes no responsibility for their behavior and blames others.
- ▶ Has a history of battering.
- ▶ Blames the entire failure of previous relationships on their partner.
- ▶ Grew up in an abusive or violence home.
- ▶ Insists that you stop spending time with your friends or family.
- ▶ Seems "too good to be true."
- ▶ Insists that you stop participating in leisure interests.
- ▶ Rages out of control and is impulsive.

Pay attention to the "red flags" and trust your instincts. Always take time to get to know a potential partner and watch for patterns of behavior in a variety of settings. Keeping in touch with your support system and participating in good self-care can lower your risk of being involved in an abusive relationship.

(Source: www.nnedv.org - National Network to End Domestic Violence)

Women's Resource Center

PO Box 1476
Beckley, WV 25802-1476
Shelter: 304.255.2559 (Voice/TTY)
Fax: 304.255.1585
Toll Free: 1.888.825.7836
Email: help@wrcwv.org
24 Hour Hotline Service

OUTREACH OFFICES:

Raleigh County Outreach Office

205 Woodlawn Avenue
Beckley, WV 25801
304.255.4066

Fayette County Outreach Office

137 South Court Street
Fayetteville, WV 25840
304.574.0500

Summers County Outreach Office

411 Temple Street
Hinton, WV 25951
304.466.2226

Nicholas County Outreach Office

717 Main Street, Suite 201
Summersville, WV 26651
304.872.7875

Women's Resource Center is a member of the West Virginia Coalition Against Domestic Violence and The West Virginia Foundation for Rape Information and Services.

Women's Resource Center

*"Where Healing and
Empowerment Begin"*

Free, Confidential Services
for Victims of
Domestic and Sexual Violence



WRC

**Women's
Resource Center**

Telephone: 304.255.2559
Email: help@wrcwv.org



www.wrcwv.org



Women's Resource Center Services:

- ◆ All services are free and confidential
- ◆ All services are available to domestic and sexual violence victims whether or not they are residents of the shelter
- ◆ 36-bed emergency shelter
- ◆ 24 hour hotline services
- ◆ Safety planning
- ◆ Crisis Intervention and Advocacy
- ◆ Information and referrals to/from assisting agencies
- ◆ Support Groups
- ◆ Legal advocacy, such as court support and assistance with filing domestic violence petitions and/or personal safety orders
- ◆ Assistance locating resources for housing and employment
- ◆ Community education and awareness on domestic and sexual violence
- ◆ Outreach offices in Raleigh, Fayette, Nicholas and Summers counties

What is Domestic Violence?

Domestic violence is a **pattern** of coercive behavior used by one person in order to maintain power and control in an intimate and/or household relationship. Domestic Violence is a crime in the State of West Virginia.

Domestic Violence is **not** limited to physical abuse. Domestic Violence can also include: verbal abuse, emotional abuse, financial abuse, psychological abuse and sexual abuse.

What is Sexual Violence?

Sexual Violence occurs when a person is forced to participate in **any** sexual activity without his/her consent.

West Virginia law prohibits sexual contact without consent. Lack of consent could be due to physical force, threat or intimidation, age, disability or incapacitation.

If you or someone you know is a victim of domestic or sexual violence, please call Women's Resource Center for information and/or assistance. There is help available 24 hours a day, 7 days a week.

About Women's Resource Center...

Women's Resource Center is a private, non-profit agency that provides temporary shelter, counseling, advocacy, case management services, safety planning and supportive services for victims, survivors and witnesses of domestic and sexual violence. **Women's Resource Center** operates a 36-bed shelter that has been housing victims of domestic and sexual violence since 1983. Services are provided at our shelter located in Raleigh County and in our outreach offices located in Raleigh, Fayette, Summers and Nicholas counties.



West Virginia Foundation for Rape Information and Services, Inc.



Women's Resource Center is funded in part under agreements with WV Department of Health and Human Resources, Family Protection Services Board, WV Division of Justice and Community Services, United Way of Southern West Virginia, Child Nutrition Program, WV Foundation for Rape Information and Services, Office of Economic Development, public and private grants and donations. Funding from these agencies, public and private grants and donations from the general public allows Women's Resource Center to provide shelter and supportive services free of charge to victims of domestic and sexual violence.

If you are interested in making a donation to or doing volunteer work for Women's Resource Center, please visit our website at www.wrcwv.org or contact us at 304.255.2559 for more information.