

SEXUAL ASSAULT SERVICES TRAINING ACADEMY (SASTA)

The West Virginia Foundation for Rape Information and Services (WVFRIS) created the Sexual Assault Services Training Academy (SASTA) to address gaps in accessible training, to provide updated information and to establish a victim-centered training standard for professionals responding to sexual violence.

SASTA offers several courses, as outlined below. Each course is composed of a series of modules. Note that new courses and modules are added periodically.

CORE SEXUAL VIOLENCE COURSES

Sexual Violence and Related Crimes

- West Virginia Laws on Sexual Assault and Abuse
- Sexual Harassment
- Stalking
- Cybercrimes

Sexual Violence: Understanding Victimization

Prevalence and Risk Factors

- Impact and Indicators of Sexual Violence
- Victim Trauma
- Gender Bias
- Victim Blaming
- Sex Offenders

Sexual Violence: Providing Services

Confidentiality

- Crisis Intervention
- Safety Planning
- Mandatory Reporting
- Sexual Assault Forensic Medical Examination
- West Virginia Crime Victims Compensation Fund
- Victim Resources

Serving Victims with Disabilities

- Disability Laws
- Person First Language

- Tips for Communicating with Persons with Disabilities
- Accommodations
- Working with Victims with Mental Illnesses
- Self-Advocacy and Victims with Disabilities
- Guardianship and Conservatorship

Sexual Violence in Later Life

(This is a single module course with multiple subsections)

SPECIAL TOPIC COURSES

Sexual Assault Nurse Examiner Online Training

(Note that this course is organized into an introduction and 23 units.)

- Getting Started
- Unit 1: History of SANE
- Unit 2: Role of a SANE
- Unit 3: Sexual Assault Response Team
- Unit 4: Ethics
- Unit 5: Sexual Assault
- Unit 6: Role of the Advocate
- Unit 7: Impact of Sexual Victimization
- Unit 8: West Virginia Crime Victims Compensation Fund
- Unit 9: West Virginia Sexual Assault Laws
- Unit 10: A Standard of Care for Victims
- Unit 11: Role of Law Enforcement
- Unit 12: Sex Offenders
- Unit 13: Role of the Prosecutor
- Unit 14: Testimony
- Unit 15: Sexual Assault Evidence Collection Kit
- Unit 16: Role of the Forensic Scientist
- Unit 17: Drug Facilitated Sexual Assault
- Unit 18: Sexually Transmitted Infections (STIs)
- Unit 19: Individual Factors

- Unit 20: Photography
- Unit 21: Developing Your SANE Program
- Unit 22: Collaboration
- Unit 23: Resources

Collaborating to Enhance Services

- Getting Started
- Forming a Collaboration: An Initial Meeting
- Examining Your Collaboration
- Changing Social Systems
- Creating a Community Resource List
- Formalizing a Collaboration
- Collaborating to Enhance Services

Tools to Increase Access to Services

- Programmatic and Policy Accessibility Checklist
- Physical Accessibility Checklist for Existing Facilities
- A Review of Intake Practices
- Developing a Transition Plan

Sexual Assault in Correctional Settings

(Note that this course is organized into 2 sections: modules and resource modules.)

Modules

- 1. Introduction to the Prison Rape Elimination Act
- 2. Prevalence of Sexual Assault in Corrections
- 3. Dynamics of Sexual Assault in Corrections
- 4. Partnering with Correctional Staff
- 5. Advocacy Strategies with Inmates/Youth in Detention

Resource Modules

- 1. Select Resources for Advocate Working with Victims in Detention
- 2. A Reference for Advocates: Sexual Assault in the Community Versus Detention
- 3. Overview of the SASTA PREA Course: 5 Fact Sheets
- 4. Specific Victim Populations in Detention Settings
- 5. Navigating Correctional Facilities to Advocate for Victims in Detention
- 6. Sexual Assault Victim Advocacy 101 for Corrections Staff

Sexual Violence Prevention

(Note that this course is organized into 2 sections: modules and resource modules.)

Modules

- 1. Prevention Programming Self-Assessment
- 2. Prevention Principles
- 3. Framing Prevention Programming
- 4. Prevention Programming Possibilities
- 5. Prevention Programming Planning

Resource Modules

- A. Foundational Understanding of Sexual Violence
- B. Healthy Sexuality and Sexual Violence Prevention
- C. Building Agency Capacity for Prevention
- D. Community Engagement to Prevent Sexual Violence
- E. Evaluation of Prevention Efforts

Human Trafficking

(Note that this course is organized into 2 sections: modules and resource modules.)

Modules

- 1. What is Human Trafficking and What Advocates Need to Know
- 2. Dynamics and Indicators of Human Trafficking
- 3. Collaborative Response to Human Trafficking
- 4. Advocating for Human Trafficking Victims

Resource Modules

- 1. Two Victim Populations: Youth and Foreign Nationals
- 2. Learning More about Human Trafficking and Helping Trafficking Victims

WV FRIS Online New Advocate Training

(Note that this SASTA course is Component 1 of the WV New Sexual Assault Victim Advocate Training course. It includes modules from other SASTA courses in addition to modules specific to only this online training. It is organized into 3 sections, with Part 1 and 2 have multiple subsections which organize the modules.)

Getting Started

- Getting Started and Introduction to the Training
- Foundations of Advocacy
- Ethical Practice

Part 1: Introduction to Sexual Violence

Overview and Related Laws

- WV Laws on Sexual Assault and Abuse (includes supplement: Drug-Facilitated Sexual Assault)
- Prevalence and Risk Factors
- Mandatory Reporting
- Confidentiality

Related Offenses

- Sexual Harassment
- Human Trafficking
- Stalking
- Cybercrimes

Dynamics and Effects of Sexual Violence

- Impact and Indicators of Sexual Violence
- Understanding Victim Trauma
- Gender Bias
- Victim Blaming
- Sex Offenders

Culture, Diversity and Inclusion

- Overview and Considerations with Specific Populations

Part 2: Advocacy Response and Skills

Victim-Center, Trauma-Informed Response

- Victim-Centered, Trauma-Informed Response

Basics of Listening and Communicating

- Active Listening

- Crisis Intervention
- Hotline Calls
- Response to Complex Situations and Needs
- Response of/to Significant Others
- Person First Language
- Tips for Communicating with Persons with Disabilities

Identifying Options and Making Referrals

- Victim Resources
- West Virginia Crime Victims Compensation Fund

Safety Planning

- Safety Planning

Health Care Advocacy

- Introduction to Health Care Advocacy
- Sexual Assault Forensic Medical Examination

Legal Advocacy

- Introduction to Legal Advocacy
- Criminal Justice System Advocacy
- Civil Legal Advocacy

Vicarious Trauma and Self-Care

- Vicarious Trauma and Self-Care