

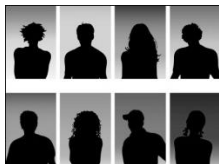


# E. Resources for Prevention Educators

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## E. Resources for Prevention Educators

### INTRODUCTION

The following resources were selected as promising practices for prevention programs (or as supplemental materials to prevention programs) for school-aged children and youth. The resources, their costs and acquisition information are listed as of their availability in March 2012. This is not an exhaustive listing of resources. Not all resources reviewed were selected for inclusion in this resource section.

Resources were selected based on the following criteria:

- Meets components of nine core principles of effective prevention programming;
- Adaptability;
- Low/no cost;
- Interactive when possible;
- General content, but will include some disability-specific resources;
- Congruent with the shared philosophy regarding self-advocacy and persons with disabilities, as well as the concept of dignity of risk; and
- Available in alternate formats.

Note: In reviewing and selecting resources, not all of the resources included met all of the above criteria. In making a decision to include a resource that met some but not all criteria, the SAC work group weighed the benefits for inclusion versus exclusion.

Toolkit users are urged to use discretion when using any resource, adapting when possible and excluding a component when

necessary to ensure that the people with disabilities in their audience are always addressed with the utmost respect and dignity and in a manner appropriate to their age and developmental level.

Users of this toolkit are encouraged to review other toolkit sections.

Anyone considering conducting sexual assault prevention programs for school-aged children and youth is also encouraged to contact the rape crisis center in their community. West Virginia's rape crisis centers have many of the resources listed in this toolkit and have trained prevention education specialists available to assist in presenting programs. Contact information for West Virginia's rape crisis centers can be found at [www.fris.org](http://www.fris.org) as well as in Section D of this toolkit.

The most updated version of this toolkit can be accessed at [www.fris.org](http://www.fris.org).

Websites and prices are often updated or changed, which may result in change in a web address for a referenced resource or in its online availability. If you experience difficulty accessing a resource via the link provided in the following charts, another option for locating them is doing a web search using titles.

# E1. BULLYING RESOURCES

## Books

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>King of the Playground</i>	Phyllis Reynolds Naylor, Athenaeum Books for Young Readers  2004	Grades K-2 Ages 4-8	Book is part of a collection of lessons for teaching social and emotional literacy through literature and social studies. A lesson plan was also written by Committee for Children to use this simple story to teach children to learn to use questions to assess risk and confront a bully in a non-violent way. Includes other suggestions for developing "questioning skills" by playing other games and reflecting on past bullying experiences.	Available to purchase for \$6.99 paperback, \$16.99 hardcover through  <a href="http://books.simonandscuster.com/King-of-the-Playground/Phyllis-Reynolds-Naylor/9780689315589">http://books.simonandscuster.com/King-of-the-Playground/Phyllis-Reynolds-Naylor/9780689315589</a>
<i>My Secret Bully</i>	Trudy Ludwig, Tricycle Press  2005	Ages 5 and up	This 32 page book describes the familiar story of two girls, one who is nice one minute and manipulative and mean the next, while her friend doesn't quite understand why she is being bullied. Along with her mother, the girl being bullied finds ways to cope.	Available to purchase for \$15.99 through  <a href="http://www.randomhouse.com/book/197266/my-secret-bully-by-trudy-ludwig">http://www.randomhouse.com/book/197266/my-secret-bully-by-trudy-ludwig</a>
<i>Nobody Knew What to Do: A Story about Bullying</i>	Becky McCain, Albert Whitman and Company  2001	Grades K-3 Ages 6 to 9	In this short but powerful book, a boy tries to figure out what to do when he repeatedly witnesses a classmate being bullied. This book is useful for a peer education project if read to younger students by older ones. The illustrations and have a straightforward delivery.	Available to purchase for \$16.99 through <a href="http://www.albertwhitman.com/content.cfm/book-details/Nobody-Knew-What-to-Do">http://www.albertwhitman.com/content.cfm/book-details/Nobody-Knew-What-to-Do</a>
<i>Once Upon A Time: Storytelling to Teach Character and Prevent Bullying</i>	Elisa Davy Pearmain, Character Development Group Inc.,  2006	Grades K-8	The 377 page book uses multi-national and multi-cultural tales for introducing and preventing bullying themes. The author provides tips for teaching kids storytelling skills which will help classroom unity and communication.	Available to purchase for \$27.95 through <a href="http://store.charactereducation.com/once-upon-a-timestorytelling-to-teach-character-and-prevent-bullying/">http://store.charactereducation.com/once-upon-a-timestorytelling-to-teach-character-and-prevent-bullying/</a>
<i>Say Something</i>	Peggy Moss, Tilbury House Publishers,  2004	Ages 8 to 12	A child who never says anything when other children are being teased or bullied finds herself in their position one day when jokes are made at her expense and no one speaks up. The character learns the importance of being an active bystander and steps up to help other being bullied.	Available to purchase for \$7.95 paperback, \$16.95 hardcover through <a href="http://www.tilburyhouse.com/childrens/say-something.htm">http://www.tilburyhouse.com/childrens/say-something.htm</a>
<i>Stand Tall, Molly Lou Melon</i>	Patty Lovell, Putnam Juvenile	Ages 4 to 8	A young girl is ready for when the class bully at a new school makes fun of her. Readers will be intrigued by the funny illustrations and text, with a quickly moving story that leaves	Available to purchase for \$16.99 hardcover through <a href="http://us.penguinroup.c">http://us.penguinroup.c</a>

	2001		the reader feeling that anything can be accomplished.	<a href="http://om/nf/Book/BookDisplay/0,,9780399234163,00.html?strSrchSql=Stand+Tall+Molly/Stand Tall, Molly Lou Melon Patty Lovell">om/nf/Book/BookDisplay/0,,9780399234163,00.html?strSrchSql=Stand+Tall+Molly/Stand Tall, Molly Lou Melon Patty Lovell</a>
<i>The I Hate Wendy Club</i>	Debra Wosnick, Mar co  2007	Grades 2-5	This 86 page book includes the story, 5 lessons, and 28 reproducible activity pages. Lessons teach younger children how not to get caught in the relational aggressions that older children have experienced.	Available to purchase for \$17.95 through <a href="http://www.marcoproducts.com/ihawec125.html">http://www.marcoproducts.com/ihawec125.html</a>
<i>Stop Picking on Me</i>	Pat Thomas and Lesley Harker, Barron's Educational Series  2000	Ages 4 to 7	This picture book depicts the difficult issue of bullying among children. Along with promoting positive interaction among children and older adults, it helps children accept the normal fears and worries that accompany bullying. Ways to resolve bullying are also shown.	Available for purchase for \$7.19 through <a href="http://barronseduc.stores.yahoo.net/0764114611.html">http://barronseduc.stores.yahoo.net/0764114611.html</a>
<i>The Recess Queen</i>	Alexis O'Neil, Scholastic Press  2002	Ages 4 to 8	This playground tale is filled with colorful, funny illustrations that bring the story of a playground bully to life. When a new girl shows up on the playground the bully is confronted and quickly becomes friends with others.	Available to purchase for \$16.95 through <a href="http://shop.scholastic.com/webapp/wcs/stores/servelet/ProductDisplay?productId=20054&amp;langId=-1&amp;storeId=10001&amp;catalogId=10004">http://shop.scholastic.com/webapp/wcs/stores/servelet/ProductDisplay?productId=20054&amp;langId=-1&amp;storeId=10001&amp;catalogId=10004</a>

## Booklets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Bullying Is Not A Fact of Life</i>  US Department of Health and Human Services	Substance Abuse and Mental Health Services Administration  2003	Teachers/ Parents	This booklet describes the steps that parents and schools can take, together, to prevent bullying. This resource is part of a larger initiative to promote healthy child development and prevent youth and school-based violence (15+ Make Time to Listen Take Time to Talk – link to <a href="http://mentalhealth.samhsa.gov/15plus/aboutus.asp">http://mentalhealth.samhsa.gov/15plus/aboutus.asp</a> )	This resource is available at <a href="http://ndstatepirc.org/pdf/bfact.pdf">http://ndstatepirc.org/pdf/bfact.pdf</a>  or <a href="http://mentalhealth.samhsa.gov/publications/allpubs/SVP-0052/">http://mentalhealth.samhsa.gov/publications/allpubs/SVP-0052/</a>
<i>Bullying Prevention Information: Resources for Schools</i>	Warren Throckmorton, Carolina Maud Publishing  2005	Teachers and school counselors	This booklet was created to provide resources for educators to combat bullying in schools. This 24 page booklet contains lesson plans, activities, and handouts for middle and high school students. Also includes a list of bullying resources.	Available at no cost through <a href="http://www.drthrockmorton.com/respectandthefacts/documents/bullyingprevention.pdf">http://www.drthrockmorton.com/respectandthefacts/documents/bullyingprevention.pdf</a> <i>Note: Requires permission to use outside of the classroom setting. Handouts may be reproduced and lesson plans used by teachers and counselors with proper attribution.</i>

<i>The Relationship Between Bullying and Suicide: What We Know and What It Means for Schools</i>	CDC	Teachers and school counselors	Learn more about the relationship between bullying and suicide with the goal that this knowledge can save lives and prevent future bullying.	Available for download at <a href="http://www.cdc.gov/violenceprevention/pdf/bullying-suicide-translation-final-a.pdf">http://www.cdc.gov/violenceprevention/pdf/bullying-suicide-translation-final-a.pdf</a>
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## Brochures

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Take Action Against Bullying</i>	Substance Abuse and Mental Health Services Administration 2008	Educators, parents & caregivers to use with children and adolescents	This brochure was designed to increase parents' and caregivers' awareness of bullying among children. Discusses what bullying is, how to recognize children who are victims or perpetrators of bullying, and how individuals and school programs can prevent bullying.	Available at no cost through <a href="http://store.samhsa.gov/product/Take-Action-Against-Bullying/SMA08-4322">http://store.samhsa.gov/product/Take-Action-Against-Bullying/SMA08-4322</a>

## Campaigns

Resource	Audience	Description	Cost/How to Purchase or Access
<i>No Name-Calling Week</i>		NNCW) is an annual week of educational activities designed to end name-calling of all kinds, with lessons and activities for elementary, middle and high schools.	Information and resources for students on bullying and other NNCW resources are available at <a href="http://www.nonamecallingweek.org/cgi-bin/iowa/home.html">http://www.nonamecallingweek.org/cgi-bin/iowa/home.html</a>
<i>Take a Stand. Lend a Hand. Stop Bullying Now!</i> 2004	Youth, parents and professionals in areas of education, health and safety, law enforcement, mental health, and youth development	A campaign to educate more Americans about how to prevent bullying and youth violence. Campaign materials are available online and include webisodes, public service announcements and resources for educators, health and safety professionals, parents, youth and others. The campaign was developed in partnership with more than 70 health, safety, education, and faith-based organizations. In addition to directly stopping bully, its aim to encourage effective bullying prevention efforts at the state and local level in the areas of education, health and safety, law enforcement, mental health, and youth development with specific information about best practices and ideas for action.	Available at no cost through Health Resources and Services Administration <a href="http://www.stopbullying.gov/">http://www.stopbullying.gov/</a>
<i>Striving To Reduce Youth Violence Everywhere (STRYVE)</i>	Parents, teenagers, schools and afterschool programs	STRYVE is an initiative, led by the Centers for Disease Control and Prevention (CDC), which takes a public health approach to preventing youth violence before it starts. Site provides information and links to resources on bullying and violence prevention for parents, teenagers, schools, and afterschool programs.	Available to download at no cost through <a href="http://www.vetoviolence.org/stryve/home.html">http://www.vetoviolence.org/stryve/home.html</a>
<i>15+Take Time to Listen, Make Time to Talk....About Bullying</i>	Parents and Caregivers	The 15+ Make Time to Listen...Take Time to Talk campaign is based on the premise that parents who talk with their children about	Resource is available at <a href="http://www.mentalhealth.samhsa.gov/publications/allpubs/SVP%2D0">http://www.mentalhealth.samhsa.gov/publications/allpubs/SVP%2D0</a>

US Department of Health and Human Services	what is happening in their lives are better able to guide their children toward more positive, skill-enhancing activities and friendships.	<a href="#">051</a>
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## Curricula/Manuals/Toolkits

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access
<p><i>Bullying: You Don't Have To Take It Anymore</i></p> <p>By Hourglass Productions</p> <p>2002</p>	Middle school students	2 scenarios, including 2 modules on the effects of bullying plus 14 activity sheets	Using dramatic scenarios and interviews with experts in the field, this video/print resource helps students better understand what bullying is, how it affects victims and what can be done to improve the situation. Strategies are also provided for school officials, teachers, and parents.	Available for purchase for \$39.99 DVD, Teacher's guide available for \$20 through <a href="http://www.hourglasstv.com/bulies/index.html">http://www.hourglasstv.com/bulies/index.html</a>
<p><i>Bullying: What Educators Can Do About It</i></p>	Educators of Elementary School Students		This resource was developed to include activities and tips about what teachers can do to prevent or stop bullying. There is an annotated bibliography of children's books related to issues of bullying.	This resource can be downloaded at <a href="http://pubs.cas.psu.edu/freepubs/pdfs/ui367.pdf">http://pubs.cas.psu.edu/freepubs/pdfs/ui367.pdf</a>
<p><i>Community Action Toolkit</i></p>	Educators	At least 2.5 hours for a complete session	<p>The toolkit includes materials to create a community event using the research ideas and bullying prevention information and response suggested response strategies to prevent and stop bullying.</p> <p>An agenda template is included.</p>	Available to download at no cost through <a href="http://www.stopbullying.gov/prevention/in-the-community/community-action-planning/community-action-toolkit.pdf">http://www.stopbullying.gov/prevention/in-the-community/community-action-planning/community-action-toolkit.pdf</a>
<p><i>Eyes on Bullying Toolkit: What Can You Do? A Toolkit to prevent bullying in children's lives</i></p> <p>By Kim Storey, Ron Slaby, Melanie Adler, Jennifer Minotti, Rachel Katz, &amp; Education Development Center, Inc.</p> <p>2008</p>	Caregivers and parents of preschool and school-age children	39 pages	This toolkit was intended for use in child care programs, afterschool and youth programs, and camps. Users will learn the extent and dynamics of bullying, how to respond to behaviors that can lead to bullying, strategies for controlling it, and teaching everyone including children how to prevent it.	Available at no cost through <a href="http://www.eyesonbullying.org/">http://www.eyesonbullying.org/</a>
<p><i>Gum In My Hair: How to Cope with a Bully</i></p> <p>By Twisted Scholar</p> <p>2004 Revised 2012</p>	Ages 8 to14	20 minutes	This curriculum looks at what bullying is, its effects on people and how it makes them feel. The material reviews the bullying cycle and what makes someone turn into a bully. Peer pressure and the responsibility of the bystander is also discussed. Curriculum includes a VHS/DVD video and facilitator's guide.	Available for purchase for \$79.95 through <a href="http://www.twistedscholar.com/videos/gum-in-my-hair/">http://www.twistedscholar.com/videos/gum-in-my-hair/</a>

<p><i>The Owning Up Curriculum, Empowering Adolescents to Confront Social Cruelty, Bullying and Injustice</i></p> <p>Written and developed by Rosalind Wiseman</p> <p>Revised 2007</p>	<p>Grades 6-12</p>	<p>17 sessions</p>	<p>This curriculum teaches students to own up and take responsibility as perpetrators, bystanders, and targets for unethical behavior, bullying and other forms of social cruelty.</p> <p>Through discussion, games, role-plays and other activities students are engaged to learn to recognize that they have a responsibility to treat themselves and others with dignity and to speak out against social cruelty and injustice. A CD of reproducible program forms and student handouts is included with the curriculum.</p>	<p>Available for purchase at <a href="http://rosalindwiseman.com/owning-up/curriculum-summary/">http://rosalindwiseman.com/owning-up/curriculum-summary/</a></p>
<p><i>Steps to Respect</i></p> <p>By Committee for Children</p> <p>Revised 2011</p>	<p>Grades 3-6 and School officials, teachers, and parents</p>	<p>11 skill lessons</p>	<p>This curriculum establishes a school-wide framework of anti-bullying policies and procedures and determines consequences for bullying. Parents also receive materials about bullying. Children learn and practice bullying prevention skills, including how to recognize, refuse, and report bullying, and how to make friends. There are 3 levels: Grades 3-4, Grades 4-5, and Grades 5-6. Each level includes 11 skill lessons, classroom DVD, 2 literature units with books, and posters.</p>	<p>Available for purchase for \$859 for complete school program, \$249 per level through <a href="http://www.cfchildren.org/steps-to-respect.aspx">http://www.cfchildren.org/steps-to-respect.aspx</a></p>
<p><i>Wise Owl Bully Stopper Series</i></p> <p>Human Relations Media</p> <p>2006</p>	<p>Grades K-2</p>	<p>3 videos/ 10 minutes each</p>	<p>This program was to provide tools for a school to work to prevent bullying. Students learn to recognize bullying behaviors, understand what motivates bullies, devise new strategies for standing up to bullies and realize the need to seek adult help. Includes 3 videos, posters, laminated activity cards, stickers, teacher's resource book, and student activities.</p>	<p>Available for purchase for \$329.95 through <a href="http://www.hrmvideo.com/items.cfm?action=view&amp;item_id=2860">http://www.hrmvideo.com/items.cfm?action=view&amp;item_id=2860</a></p>

## Fact Sheets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<p><i>Bullying and Harassment</i></p>	<p>National Center for Victims of Crime</p>	<p>Teens</p>	<p>This 2-page informational sheet discusses basic information about bullying and harassment, how to help friends that are victims, and where to find further assistance.</p>	<p>Available to download at no cost through <a href="http://www.victimsofcrime.org/help-for-crime-victims/get-help-bulletins-for-crime-victims/bulletins-for-teens/bullying-and-harassment">http://www.victimsofcrime.org/help-for-crime-victims/get-help-bulletins-for-crime-victims/bulletins-for-teens/bullying-and-harassment</a></p>

Misdirection in Bullying Prevention and Intervention	Health Resources and Services Administration (HRSA) 2009	Educators, Health Professionals	This fact sheet discusses proven and promising bullying prevention and intervention strategies that do not work or can even make matters worse	Available to download at <a href="http://www.stopbullying.gov/prevention/at-school/educate/misdirections-in-prevention.pdf">http://www.stopbullying.gov/prevention/at-school/educate/misdirections-in-prevention.pdf</a>
Understanding Bullying Fact Sheet	Centers for Disease Control and Prevention  2011	Teens	This 2-page fact sheet discusses the results of bullying with physical injury, social and emotional distress, and even death. Victimized youth are at increased risk for depression and anxiety, psychosomatic complaints such as headaches, and poor school adjustment.  Also noted are youth who bully others and their increased risk for substance use, academic problems, and violence later in adolescence and adulthood.	Available to download at no cost through <a href="http://www.cdc.gov/ViolencePrevention/pdf/Bullying_Factsheet-a.pdf">http://www.cdc.gov/ViolencePrevention/pdf/Bullying_Factsheet-a.pdf</a>

## Media/DVDs

Resource	Audience	Time/Sessions	Description	Cost/How to Purchase or Access
<i>Bullies Are A Pain In The Brain</i>  By The Trevor Romain Company  2008	Grades 2-8	25 minutes plus special features	Based on the best-selling book, <i>Bullies Are A Pain In The Brain</i> . Using humor, original music and a fast-paced storyline, this DVD offers kids practical, easy-to-implement solutions for dealing with their own bully problems such as work on building your confidence, staying calm, giving bullies lots of space, and telling an adult. Kids are encouraged not to believe myths about bullying such as getting bullied is normal, bullies are always boys, and the best way to handle bullies is to ignore them or fight back.	Available for purchase for \$45 through <a href="http://trevorromain.com/products-page/dvd/bullies-dvd/">http://trevorromain.com/products-page/dvd/bullies-dvd/</a>
<i>Bullied: A Student, a School, a Case That Made History</i>  2011	Grades 6-8 Grades 9-12	40 minutes plus time for discussion	This is a 40 minute documentary that chronicles one student's ordeal at the hands of anti-gay bullies. It offers an inspiring message of hope to others fighting harassment. There is a 2 part viewer's guide with lesson plans and activities to use in staff development. The goal is to help students better understand the toll that bullying can have on its victims and to encourage students to stand up for others being harassed.	Available for free at <a href="http://www.tolerance.org/bullied">http://www.tolerance.org/bullied</a>

## Other Resources

Resource	Audience	Time/Sessions/Pages	Description	Cost/How to Purchase or Access
<i>Best Practices in Bullying Prevention and Intervention:</i>	School administrators and teachers	3 pages	This is a review of existing bullying prevention programs with 10 suggested strategies that represent "best practices" in bullying prevention	Available at no cost through <a href="http://people.uncw.edu/LanunziataL/documents/BullyingandEffectiveStrategies.pdf">http://people.uncw.edu/LanunziataL/documents/BullyingandEffectiveStrategies.pdf</a>



<p><i>Helping Youth Change Aggressive Behavior</i></p> <p>By Stan Davis</p> <p>2005</p>			<p>and intervention.</p>	
<p><i>BullyBust: Promoting a Community of Upstanders</i></p> <p>National School Climate</p> <p>2009</p>	<p>Students, Parents and Educators</p>		<p>This is a nationwide bully prevention awareness effort to help students and adults become upstanders – people who stand up to bullying and become part of the solution</p> <p>Resources are aligned with the US Department of Education’s guidelines.</p>	<p>Resources are available at <a href="http://www.schoolclimate.org/bullybust/resources">http://www.schoolclimate.org/bullybust/resources</a></p>
<p><i>Social and Emotional Learning and Bullying Prevention</i></p> <p>By American Institute for Research</p> <p>2009</p>	<p>School administrators and teachers</p>	<p>21 Pages</p>	<p>This brief illustrates the relationship between social and emotional factors and bullying, along with explaining how a social and emotional learning framework can be used to promote the school climate and encourage positive interactions.</p>	<p>Available at no cost through <a href="http://casel.org/publications/sel-and-bullying-prevention/">http://casel.org/publications/sel-and-bullying-prevention/</a></p>
<p><i>Bullying Prevention Classroom Toolkit</i></p> <p>By PACER’S National Bullying Prevention Center</p> <p>2011</p>	<p>Elementary, middle, and high school students</p>	<p>Number of pages varies by each individual toolkit</p>	<p>These classroom toolkits provide a way to introduce bullying and prevention.</p> <p>Daily learning opportunities are available to use for National Bullying Awareness Month. Available to download with the toolkit are daily activities, games, and contests for students.</p>	<p>Available at no cost through <a href="http://www.pacer.org/bullying/resources/activities/toolkits/">http://www.pacer.org/bullying/resources/activities/toolkits/</a></p>
<p><i>Bullying-Identify, Cope, Prevent</i></p> <p>By World Teachers Press</p> <p>2003</p>	<p>Grades 3-4, Grades 5-6, and Grades 7-8</p>	<p>Number of pages varies by grade level</p>	<p>These bullying lessons were developed to help students develop skills and strategies to identify, cope and prevent bullying from occurring by identifying what bully is, why people bully and how it makes you feel along with what you can do about it. There are 3 activity books targeting specific grades and four posters</p>	<p>Available for purchase for \$11.95 per activity book, \$45 for 3 activity books and 4 posters through <a href="http://www.didax.com/shop/searchresults.cfm/Keyword/Bullying%20identify.cfm">http://www.didax.com/shop/searchresults.cfm/Keyword/Bullying%20identify.cfm</a></p>
<p><i>Bullying – What You Need to Know</i></p> <p>Stopbullying.gov</p> <p>Infographic 2013</p>	<p>Educators, Administration, Parents</p>	<p>One sheet</p>	<p>The infographic provides important facts and information about bullying.</p>	<p>Available to download at <a href="http://www.stopbullying.gov/image-gallery/stop_bullying_infograph.pdf">http://www.stopbullying.gov/image-gallery/stop_bullying_infograph.pdf</a></p>

<p><i>CSAP's Prevention Pathways: Online Course</i></p>	<p>Online Course for educators, social workers, mental health professionals</p>		<p>This online course examines the causes and effects of bullying, prevention techniques and programs, screening, treatment options, and legal and ethical issues surrounding bullying</p>	<p>Access the course at <a href="http://pathwayscourses.samhsa.gov/bully/bully_1_pg1.htm">http://pathwayscourses.samhsa.gov/bully/bully_1_pg1.htm</a></p>
<p><i>Promoting Relationships and Eliminating Violence</i></p> <p>PrevNet, A Coalition in Canada</p> <p>2011</p>	<p>Resources for everyone, kids, teens, parents and educators</p>	<p>5 pages of resources to download</p>	<p>This site provides information on bullying prevention, including fact sheets, video clips, lesson plans and other resources for adult and students.</p>	<p>Available at no cost through <a href="http://www.prevnet.ca/BullyingResources/ResourcesForEducatorsOthers/tabid/391/Default.aspx">http://www.prevnet.ca/BullyingResources/ResourcesForEducatorsOthers/tabid/391/Default.aspx</a></p>
<p><i>15+ Take Time To Talk</i></p> <p>U.S. Substance Abuse and Mental Health Administration</p> <p>2008</p>	<p>Family &amp; advocates, parents &amp; caregivers</p>	<p>15 minutes</p>	<p>This resource encourages parents and caregivers to spend at least 15 minutes a day listening and talking with their children to prevent youth violence. Provides interactive questions to start conversations with children about bullying and bullying prevention. Also Includes an extensive and searchable database of publications on violence prevention for children.</p> <p>Also included is a module (15+ Make Time to Listen Take Time to Talk – link to It offers a quick description of what bullying is, and then offers signs that your child is a victim of bullying. You can also learn about signs that depict if your child is a bully, and read tips to prevent children from becoming bullies and victims.</p>	<p>Available at no cost through <a href="http://store.samhsa.gov/shin/content/SMA08-4321/SMA08-4321.pdf">http://store.samhsa.gov/shin/content/SMA08-4321/SMA08-4321.pdf</a></p> <p><a href="http://mentalhealth.samhsa.gov/15plus/aboutus.asp">http://mentalhealth.samhsa.gov/15plus/aboutus.asp</a>.</p>
<p><i>Measuring Bullying Victimization, Perpetration, and Bystander Experiences: A Compendium of Tools</i></p> <p>CDC/National Center for Injury Prevention and Control, Division of Violence Prevention</p> <p>2011</p>	<p>Educators or researchers</p>	<p>128 pages</p>	<p>Bullying, particularly among school-age children, is a major public health problem. This compendium provides tools to measure a range of bullying experiences: bully perpetration, bully victimization, bully-victim experiences, and bystander experiences. The ability to measure bullying experiences broadly and completely is crucial to the success of these activities.</p>	<p>Available at no cost through <a href="http://www.cdc.gov/ViolencePrevention/pdf/BullyCompendium-a.pdf">http://www.cdc.gov/ViolencePrevention/pdf/BullyCompendium-a.pdf</a></p>
<p><i>What Parents Should Know About Bullying</i></p> <p>Part 1 and 2</p> <p>Committee For Children</p>	<p>Parents and educators</p>	<p>2 page article</p>	<p>This two part article provides helpful tips for helping parents recognize and respond effectively to bullying, as well as steps to consider taking if your child is being bullied.</p>	<p>Available at <a href="http://www.cfchildren.org/advocacy/bullying-prevention/what-parents-should-know-about-bullying-part-1.aspx">http://www.cfchildren.org/advocacy/bullying-prevention/what-parents-should-know-about-bullying-part-1.aspx</a></p> <p><a href="http://www.cfchildren.org/advocacy/bullying-prevention/what-parents-should-know-about-bullying-part-2.aspx">http://www.cfchildren.org/advocacy/bullying-prevention/what-parents-should-know-about-bullying-part-2.aspx</a></p>

			<a href="http://www.bullying.org/parents-should-know-about-bullying-part-2.aspx">parents-should-know-about-bullying-part-2.aspx</a>
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## Websites

Resource	Audience	Description	How to Access
<i>Bullying.org</i> <i>Where You Are Not Alone</i>	Parents, teachers, school officials	This website gives resources for preventing, resolving and eliminating bullying in society by providing information, education, training, events and campaigns that increase awareness of the issue of bullying.	Information and resources are available at <a href="http://www.bullying.org">http://www.bullying.org</a>
<i>Bullypolice.org</i>	School officials, educators, counselors and parents	This website provides information on Individual state bullying laws.	Information is available at <a href="http://www.bullypolice.org/">http://www.bullypolice.org/</a>
<i>Eyesonbullying.org</i> Multimedia bullying project developed by Education Development Center Funded by the IBM Global Work/Life Fund 2008	Educators or adults to use with children and youth in homes, child care centers, afterschool and youth programs, and camps	This website provides a multimedia program to prepare parents and caregivers to prevent bullying in children's lives.  Featured is the <i>Eyes on Bullying Toolkit</i> with insights, strategies, skills-building activities, and resources.	Information and resources are available at <a href="http://www.eyesonbullying.org">http://www.eyesonbullying.org</a>
<i>Pacer.org</i> <i>PACER CENTER: Champions for Children with Disabilities</i>	Parents, caregivers, and teachers of children with disabilities	This website is targeted for children with disabilities and offers information on bullying prevention.  Several great handouts are offered in English, Spanish, and Somali.	Information and resources are available at <a href="http://www.pacer.org">http://www.pacer.org</a> ,  Programs & Resources/Publications, Bullying Prevention link
<i>Bullying Prevention Campaign at Stopbullyingnow.com</i> U.S. Department of Health and Human Services, in partnership with U.S. Department of Education and U.S. Department of Justice	Children and Teens, but also Parents and Educators	Web site offers 12 bullying "webisodes," surveys to help kids understand if they're bullying others or are themselves a victim of bullying, and various other resources to help children understand what bullying is and the it does.  Note: Excellent resources for kids, teens, parents, educators. Good assessment tools and information.	Information and resources are available at <a href="http://www.stopbullying.gov/kids/index.html">http://www.stopbullying.gov/kids/index.html</a>  or <a href="http://stopbullyingnow.hrsa.gov/index.asp">http://stopbullyingnow.hrsa.gov/index.asp</a>
<i>StopBullying.gov</i> Department of Health & Human Services, in partnership with the Department of Education and Department of Justice	Children and Teens, but also Parents and Educators	This website offers information from various government agencies on what bullying is, what cyberbullying is, who is at risk and how you can prevent and respond to bullying.	Information and resources are available at <a href="http://www.stopbullying.gov">http://www.stopbullying.gov</a>

## E2. BYSTANDER INTERVENTION RESOURCES

### Books

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Engaging Bystanders in Sexual Violence Prevention</i>	Joan Tabachnick and NSVRC  2008	Educators/ Teachers	This 56 page book discusses various reasons why individuals who witness inappropriate behaviors may or may not take action. It is an excellent training resource that provides activities and trainer instructions. Also available in Spanish.	Available for download at <a href="http://www.nsvrc.org/publications/nsvrc-publications/engaging-bystanders-sexual-violence-prevention">www.nsvrc.org/publications/nsvrc-publications/engaging-bystanders-sexual-violence-prevention</a>

### Campaigns

Resource	Author(s)/ Pub., Date	Audience	Description	/How to Access
<i>The Backbone Zone</i>	Maine Coalition Against Sexual Assault  2012	Adolescents and high school students	The Backbone Zone project is a campaign that speaks directly to students, helping them to understand the impact of sexist and homophobic remarks.	Information and resources are available at <a href="http://www.mecasa.org/backbone/mission.html">http://www.mecasa.org/backbone/mission.html</a>

### Curricula/Manuals/Toolkits

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access
<i>STEP UP! Be a Leader, Make a Difference</i>  By University of Arizona  2008	Older Teens (General students and athletes)	Various	The University of Arizona C.A.T.S. Life Skills Program, along with the National Collegiate Athletic Association (NCAA) and national leading experts, developed curricula for students and specific curricula for student-athletes. STEP UP! Is a pro-social behavior and bystander intervention program that encourages students, especially athletes, to be proactive in helping others. Teaching people about the determinants of pro-social behavior makes them more aware of why they sometimes don't help and increases the likelihood they will help in the future. Facilitator and student guides are available along with an hour-long Power Point presentation.	Available at no cost through <a href="http://www.stepupprogram.org">www.stepupprogram.org</a>
<i>Aggressors, Victims and Bystanders Teenage Health Teaching Modules</i>  <b>Authors:</b> Ron Slaby, Renee Wilson-Brewer, & Kim Dash (Updated 2011)	Grades 7-12	Designed for 12 sessions for a 45 minute class period for grades 6-8.	This curriculum addresses the roles that victims and bystanders play in violent situations. It explores how all three groups can respond differently to conflict. In 12 sessions, students learn and practice conflict-resolution skills that enable them to stay safe while maintaining self-respect and respect for others.	Available for purchase for \$80.00 through <a href="http://www.thtm.org">www.thtm.org</a> To order call 1-800-793-5076 SKU# 5556

<p><i>Bullying: What Educators Can Do About It</i></p> <p>Daniel F. Perkins, PH.D., and Elaine Berrena, M.Ed.</p> <p>Penn State Agricultural Research and Cooperative Extension</p> <p>2002</p>	Elementary Educators	12 pages of information	This 12 page resource includes activities and tips about what teachers can do to prevent or stop bullying. Also included is an annotated bibliography of children's books related to bullying.	Available at no cost through <a href="http://pubs.cas.psu.edu/freepubs/pdfs/ui367.pdf">http://pubs.cas.psu.edu/freepubs/pdfs/ui367.pdf</a>
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## Media/DVDs

Resource	Audience	Time/Sessions	Description	Cost/How to Purchase or Access
<p><i>Bullying K-5 Introductory Videos for Elementary School Students, Teachers, and Parents</i></p> <p>2010</p>	Parents, Teachers, Students K-5	2 Videos – One is 8 min. and the other 16 min.	This video introduces the topic of bullying and bullying prevention strategies using age-appropriate language and grade-specific concepts. Also included is a video for adults that describes what bullying is and how bullying prevention works.	Available to purchase for \$119.00 through <a href="http://www.hazelden.org/OA_HTML/ibeCCtpltmDspRte.jsp?item=56103&amp;site=10020:22372:US">http://www.hazelden.org/OA_HTML/ibeCCtpltmDspRte.jsp?item=56103&amp;site=10020:22372:US</a>
<p><i>Voices Against Violence: Helping Students, Parents, and School Staff Speak Up</i></p> <p>By Columbia University Center for Youth Violence Prevention and Education Development Center , Mailman School of Public Health and Education Development Center</p> <p>2004</p>	Adults Middle School Youth	26 minutes (5 short vignettes)	This resource, video and user guide, was designed to raise awareness about the important role student and adult can play can play in preventing school violence. Each vignette is presented through the experiences of "the bystander," a boy or girl of middle-school age who confronts a violent or potentially violent situation and then must decide how to respond.	Available to purchase for \$80.00 through  A Mile End Films production <a href="http://www.mileendfilms.com/projects/bystander-stories">http://www.mileendfilms.com/projects/bystander-stories</a>

## Newsletter

Resource	Audience	Description	Cost/How to Purchase or Access
<p><i>Bystanders As Agents of Primary Prevention</i></p> <p>Washington Coalition of Sexual Assault Programs</p> <p>Newsletter - Winter 2010</p>	Adults, educators and youth	This issue of Partners in Social Change delves into the bystander approach and examines some practical aspects that make this a great strategy for prevention work with youth and adults. This issue explores the Red Flag Campaign, Relationship Roles in Ending Sexism and Male Dominance, and program highlights.	Available to download at: <a href="http://www.wcsap.org/sites/www.wcsap.org/files/uploads/documents/PISCBystanders2010.pdf">http://www.wcsap.org/sites/www.wcsap.org/files/uploads/documents/PISCBystanders2010.pdf</a>

## Other Resources

Resource	Audience	Description	Cost/How to Purchase or Access
<i>Time to Find Resources That Engage Bystanders</i> NSVRC 2011	Adults/Educators	This 6 page list offers key resources for finding additional information that incorporate a bystander approach into sexual violence prevention efforts. Also available in <a href="#">Spanish</a> .	Available at no cost through <a href="http://www.nsvrc.org/sites/default/files/file/SAAM/SAAM_2011-ResourceListEng.pdf">http://www.nsvrc.org/sites/default/files/file/SAAM/SAAM_2011-ResourceListEng.pdf</a>

## Toolkit

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Stop Sexual Violence: A Sexual Violence Bystander Intervention Toolkit</i>	New York State Rape Crisis and Sexual Violence Prevention programs	Teachers for Middle or High School, College Faculty, Youth Group Leaders	The toolkit utilizes a variety of resources that can be used to engage young people in bystander intervention programs. The resource guide provides valuable information on a variety of campaigns, programs, clubs, and other approaches that can be considered when deciding which bystander intervention strategies to utilize.	Toolkit is available at <a href="http://www.health.ny.gov/prevention/sexual_violence/docs/bystander_toolkit.pdf">http://www.health.ny.gov/prevention/sexual_violence/docs/bystander_toolkit.pdf</a>

## Training Modules (Online/Printed)

Resource	Audience	Description	How to Access
<i>Engaging Bystanders in the Prevention of Sexual and Domestic Violence</i> Prevent Connect	Educators	This course will support educators/service providers who apply bystander engagement theory to their work in sexual assault and domestic violence prevention.	To complete the coursework and find additional resources, go to <a href="http://learn.preventconnect.org/course/view.php?id=8">http://learn.preventconnect.org/course/view.php?id=8</a>
<i>Engaging Bystanders in Sexual Violence Prevention</i> Written by Joan Tabachnick, 2010	Educators	This 1-2 hour online course provides the basics for encouraging friends and family to deter and possibly prevent sexual violence.	The online course can be accessed at <a href="http://training-center.neari.com/training-center/form/course-item.jspx?targetCou..">http://training-center.neari.com/training-center/form/course-item.jspx?targetCou..</a>

## Webinars

Resource	Audience	Description	How to Access
<i>Engaging Bystanders in Violence Against Women Prevention</i> Prevent Connect	Educators/ Teachers	This web conference highlighted two promising and well-evaluated bystander intervention programs, "Bringing in the Bystander" and "Mentors in Violence Prevention" by discussed the principles behind these programs, and explored advancing community change to promote pro-social bystander actions.	Available at no cost through <a href="http://preventconnect.org/2008/08/engaging-bystanders-in-violence-against-women-prevention/">http://preventconnect.org/2008/08/engaging-bystanders-in-violence-against-women-prevention/</a>

## E. 3 Child Sexual Abuse Resources

### Books

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Those are My Private Parts</i>	Diane Hansen, Empowerment Production  2004	Children	This book uses rhyming and illustrations to incorporate messages about sexual abuse prevention. Specifically mentions individuals in a child's life who could potentially be sex offenders and discusses various activities in order to inform and empower children to protect their bodies.	Available to purchase through <a href="http://bluetowertraining.com/online-store/">http://bluetowertraining.com/online-store/</a>

### Booklets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Child's Play: Preventing Abuse Among Children &amp; Young People</i>	STOP IT NOW	Parents, educators	This booklet explains that some children do indeed sexually abuse other children, discusses how to recognize the warning signs and the action we can take to prevent it.	Stop it Now! materials are downloadable for free at <a href="http://www.stopitnow.org.uk/files/childs%20play.pdf">http://www.stopitnow.org.uk/files/childs%20play.pdf</a>
<i>What We All Need to Know to Protect Our Children</i>	STOP IT NOW	Parents, educators	This booklet aims to provide the information we all need to recognize the warning signs of abuse and to build the confidence to do something about it.	Stop it Now! materials are downloadable for free at <a href="http://www.stopitnow.org.uk/files/What%20we%20all%20Need%20to%20Know%20to%20Protect%20Our%20Children.pdf">http://www.stopitnow.org.uk/files/What%20we%20all%20Need%20to%20Know%20to%20Protect%20Our%20Children.pdf</a>  Hard copies are by available by contacting <a href="mailto:office@stopitnow.org.uk">office@stopitnow.org.uk</a>
<i>The National Plan to Prevent the Sexual Abuse and Exploitation of Children</i>	National Coalition to Prevent Child Sexual Abuse and Exploitation  2012		This 32 page booklet focuses on innovative programming and policies to lay the foundation for healthy growth and development of children reducing the potential for child sexual abuse and exploitation.	Can be retrieved from <a href="http://www.preventtogether.org">www.preventtogether.org</a>

### Campaigns

Resource	Author	Audience	Description	Cost/How to Purchase or Access
<i>Child Sexual Abuse</i> U.S Department of Justice, Office of Juvenile	INOBTB ("I Know Better")	Parents, educators and students-	This Child Sexual Abuse public service campaign educates the community on child sexual abuse and its prevention. This goal of this bilingual	Information available at <a href="http://www.inobtr.org/category/resources/">http://www.inobtr.org/category/resources/</a>

Justice and Delinquency Prevention (OJJDP)	2011	elementary and middle school	campaign is to deliver simple and impactful messaging that demonstrates how pervasive child sexual abuse is in the community, how to prevent its occurrence and where to report suspected abuse. Key PSA/ad elements include: Billboards, Movie theater advertising, Radio PSAs, Print Web Banners, Posters, Brochures	
<i>We Are. You Can Initiative</i>	The National Children's Advocacy Center	Adults, educators	The campaign "We Are. You Can" emphasizes personal awareness and actions every individual can take to help protect children in every community in order to have safe and productive futures.  The combination of the PSA, a corresponding web site with detailed information, and social media outreach all highlight actions for keeping children safe from child abuse and neglect in a fully integrated, comprehensive media campaign.	Information available at <a href="http://www.nationalcac.org/prevention/about-prevention-services.html">http://www.nationalcac.org/prevention/about-prevention-services.html</a>
<i>Pinwheels for Prevention</i>	Prevent Child Abuse America  2008-2013	Adults and educators	The Pinwheels for Prevention® campaign is an effort by to change the way communities think about prevention. As the new symbol for child abuse and neglect prevention, the pinwheel is an uplifting reminder of childhood and the bright futures all children deserve. We are focused on community activities and public policies that prioritize prevention from the start to make sure child abuse and neglect never occur. We want to reinforce the notion that healthy child development serves as a foundation for both community and economic development.	Resources available at <a href="http://www.pinwheelsforprevention.org/learn_more/index.php">http://www.pinwheelsforprevention.org/learn_more/index.php</a>
<i>Child Sexual Abuse Prevention Media</i>	Darkness to Light	Adults	The media campaign was designed to illuminate the unfathomable prevalence and consequences of child abuse. Unlike other prevention campaigns, this campaign believes that adults must be aware and held responsible to end child abuse	PSAs are available for free at <a href="http://www.d2l.org/site/c.4dICIJOkGclSE/b.6195981/k.2FFD/Child_Sexual_Abuse_Prevention_Media_Campaigns.htm">http://www.d2l.org/site/c.4dICIJOkGclSE/b.6195981/k.2FFD/Child_Sexual_Abuse_Prevention_Media_Campaigns.htm</a> More information about the media campaign is available by contacting the Media Department at <a href="mailto:media@D2L.org">media@D2L.org</a> or by calling (843) 965-5444.

## Curricula

Resource	Audience	Time/Sessions	Description	Cost/How to Purchase or Access
<i>Darkness to Light: End Child Sexual Abuse</i> Revised 2006	Adults who care about the protection of children	Training- 2.5 hours; can be used in smaller time frame.	Darkness to Light is a non-profit agency that strives to end childhood sexual abuse.	Available at no cost at <a href="http://www.d2l.org">http://www.d2l.org</a> . Click on the Prevention Programs link.



			<p>Resources include <i>7 Steps to Protecting our Children: A Guide for Responsible Adults</i> (an introductory guide outlining how to prevent this type of abuse) and <i>Stewards of Children</i> (an interactive sexual abuse prevention training curriculum available online and as a facilitator led class).</p> <p>Both resources teach the user about the facts of the problem, types of situations in which child sexual abuse might occur, effective strategies for protecting children, the importance of talking about prevention with children and other adults, and signs of abuse.</p>	
<p><i>Three Kinds of Touch</i></p> <p>Jane Buchanan and Alice Pixley Young</p>	Pre-School	2-3 classroom sessions	<p>This curriculum includes four components: storybook, a creative and multifaceted curriculum, a flashcard game, and an entertaining educational video.</p> <p>The curriculum includes classroom presentations, parent workshops, a teacher in-service, take-home materials, and program evaluations.</p>	<p>Available for purchase from PCAR for \$85 as a value pack  <a href="http://www.pcar.org/store/three-kind-touches-curriculum">http://www.pcar.org/store/three-kind-touches-curriculum</a></p> <p>May be ordered for the same price in English, Braille or Spanish.</p> <p>If ordered in Braille, there is an additional \$8.45 for each copy.</p>
<p><i>Where We Live: A Manual for Engaging Parents in Child Sexual Abuse Prevention</i></p> <p>2010-2011</p>	Elementary Students	4 sessions	<p>This manual is a four-session educational and skill-building initiative designed to prevent child sexual abuse. Where We Live is a primary prevention initiative that strives to not only to raise parents' awareness of child sexual abuse, but also to build their skills for proactive behaviors.</p>	<p>Download the "Where We Live Manual" and the "Where We Live Handouts" at  <a href="http://www.pcar.org/sites/default/files/Where%20We%20Live_web.pdf">http://www.pcar.org/sites/default/files/Where%20We%20Live_web.pdf</a></p>

## Fact Sheets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Don't Wait – Everyday Actions to Keep Kids Safe</i>	Stop It Now 2008	Educators	This 2 page prevention fact sheet helps keep children safe by setting and respecting clear guidelines, watching for signs, learning to speak up, supporting children and being prepared to challenge inappropriate behaviors.	Available to download for free at <a href="http://www.stopitnow.org/dont_wait_everyday_prevention">http://www.stopitnow.org/dont_wait_everyday_prevention</a>

## Other Resources

Resource	Author(s)	Audience	Description	Cost/How to Purchase or Access
<i>Bullying and</i>	Sameer Hinduya,	Educators	Brief review of state's cyberbullying laws	Available at

<i>Cyberbullying Laws Fact Sheet</i> 2013	Ph.D. and Justin W. Patchin, Ph.D.	and parents	and policies.	<a href="http://www.cyberbullying.us/Bullying_and_Cyberbullying_Laws.pdf">http://www.cyberbullying.us/Bullying_and_Cyberbullying_Laws.pdf</a>
<i>Seven (7) Steps to Protecting Our Children</i>	Darkness to Light 2003- 2007	Adults, parents and educators	This introductory guide for responsible adults interested in the prevention of child sexual abuse. The 7 Steps outline the Darkness to Light core principles for preventing, recognizing, and reacting responsibly to child sexual abuse and form the framework for the adult training program, Stewards of Children.	Resource is available at: <a href="http://www.d2l.org/atf/ct/%7B64AF78C4-5EB8-45AA-BC28-F7EE2B581919%7D/7%20Steps%20to%20Protecting%20Our%20Children.pdf">http://www.d2l.org/atf/ct/%7B64AF78C4-5EB8-45AA-BC28-F7EE2B581919%7D/7%20Steps%20to%20Protecting%20Our%20Children.pdf</a>
<i>Tools for Child Abuse Prevention Month</i>	The U.S. Department of Health and Human Services' Children's Bureau, Office on Child Abuse and Neglect and the FRIENDS National Resource Center for Community-Based Child Abuse Prevention  2012	Adults, parents, educators	The guide contains resources to promote community awareness of five important protective factors that can help families protect children from the risk of child abuse and neglect, including tip sheets for parents in English and Spanish.	Resources are available at <a href="http://www.preventchildabuse.org/publications/cap/index.shtml">http://www.preventchildabuse.org/publications/cap/index.shtml</a>
<i>Preventing Child Sexual Abuse Within Youth Serving Organizations</i>	Centers for Disease Control and Prevention  2007	Adults, parents and educators	This 55 page book provides help in developing policies and procedures to prevent child sexual abuse. It focuses on 6 key points: Screening employees and volunteers, providing safe environment, guidelines for interaction among individuals, responding to inappropriate behaviors, monitoring behaviors and training employees and volunteers.	Available at no cost at <a href="http://www.cdc.gov/violenceprevention/pdf/PreventingChildSexualAbuse-a.pdf">http://www.cdc.gov/violenceprevention/pdf/PreventingChildSexualAbuse-a.pdf</a>
<i>Child Sexual Abuse Prevention Packet</i>	NSVRC 2011	Adults, parents and educators	This guide is intended to inform people who wish to learn more about child sexual abuse prevention programs designed to educate children. It is also intended to assist advocates and prevention educators in selecting or designing prevention programs, and to provide evidence to support prevention educators in their efforts to make the case for the benefits of these programs to funders, parents, or the community at large.  Items in the Child Sexual Abuse Prevention Information Packet includes : overview, technical assistance bulletin, technical assistance guide on programs for adults, technical assistance guide for programs for children, resource list, bibliography and a research brief .	Available for download at no cost through <a href="http://www.nsvrc.org/publications/child-sexual-abuse-prevention-programs-children">http://www.nsvrc.org/publications/child-sexual-abuse-prevention-programs-children</a>

## Training Modules (Online/Printed)

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access
<i>Stewards of Children ONLINE Prevention Training</i>	Adults	2.5 hrs.	<p>This prevention training program teaches adults how to prevent, recognize and react responsibly to child sexual abuse. The program is designed for individuals concerned about the safety of children as well as organizations that serve youth.</p> <p>The ONLINE version allows individuals to take the training at any time or place and includes the same content as the facilitator led version, which is taught in a group setting.</p>	<p>Cost for the training is \$10.00. Once registered you have 15 days to complete the course.</p> <p>The online user guide is available at <a href="http://www.d2l.org/site/c.4dClJOkGclSE/b.6243735/k.12D8/Stewards_of_Children_ONLINE_User_Guide.htm">http://www.d2l.org/site/c.4dClJOkGclSE/b.6243735/k.12D8/Stewards_of_Children_ONLINE_User_Guide.htm</a></p> <p>Available in English and Spanish.</p>

## Websites

Resource	Audience	Description	How to Access
<i>Darkness to Light End Child Sexual Abuse</i>	Parents and educators	The ultimate mission of D2 is to end childhood sexual abuse, and empower adults through awareness and educational programs to prevent, recognize and react responsibly to childhood sexual abuse.	Information available at <a href="http://www.darkness2light.org">www.darkness2light.org</a>
<i>National Children's Advocacy Center</i>	Parents, educators and youth	<p>The NCAC models, promotes, and delivers excellence in child abuse response and prevention through service, education, and leadership.</p> <p>The NTC is one of the leading providers of quality training for professionals working with abused children and their families.</p> <p>The NCAC recognizes that to protect children from abuse, prevention services must address individuals, families and the community.</p>	Resources are available at <a href="http://www.nationalcac.org">www.nationalcac.org</a>
<i>Prevent Child Abuse America</i>	Educators, parents and advocates	Prevent Child Abuse America (PCA America) has led the way in building awareness, providing education, training, prevention strategies and inspiring hope to everyone involved in the effort to prevent the abuse and neglect of children.	Information available at <a href="http://www.preventchildabuse.org">www.preventchildabuse.org</a>
<i>Stop It Now</i>	Educators, parents, advocates and survivors	Stop It Now works to prevent child sexual abuse by talking about the issues and providing tools to engage adults, families and communities to act and speak out.	Information available at <a href="http://www.stopitnow.org">www.stopitnow.org</a>

## E4. CYBERBULLYING RESOURCES

### Activities

Resource	Audience	Description	Cost/How to Purchase or Access
<p><i>Cyberbullying – Peer Scavenger Hunt</i></p> <p>Sameer Hinduja and Justin W. Patchin</p> <p>2012</p>	Teens	Getting to know other by talking to others about different kinds of technology and how it used.	Available to download at <a href="http://www.cyberbullying.us/peer_scavenger_hunt.pdf">http://www.cyberbullying.us/peer_scavenger_hunt.pdf</a>
<p><i>Cyberbullying – Scripts for Talking to Teens about Online Harassment</i> - Sameer Hinduja and Justin W. Patchin</p> <p>2012</p>	Teens	<p>These are sample scripts written between a parent and teen to encourage conversations around cyberbullying using discussions that are both proactive and reactive in their responses.</p> <p>This activity emphasizes the need to have on-going discussions between parents, caregivers, teachers and students about online interaction.</p>	Available at <a href="http://www.cyberbullying.us/cyberbullying_scripts.pdf">http://www.cyberbullying.us/cyberbullying_scripts.pdf</a>
<p><i>Cyberbullying – Teen Tech Bingo</i></p> <p>Sameer Hinduja and Justin W. Patchin</p> <p>2012</p>	Teens	This activity is based on getting to know others students by getting signatures to make a “Bingo”. All statements are related to technology and cyberbullying issues.	Available at <a href="http://www.cyberbullying.us/teen_tech_bingo.pdf">http://www.cyberbullying.us/teen_tech_bingo.pdf</a>
<p><i>Ten Activities for Youth to Educate their Community about Cyberbullying</i></p> <p>Sameer Hinduja and Justin W. Patchin Cyberbullying Research Center</p> <p>2010</p>	Teens	Outlines specific activities that adolescents can do to promote awareness about online bullying and teach others how to deal with it.	Available at no cost through <a href="http://www.cyberbullying.us/teens_cyberbullying_prevention_activities_tips.pdf">http://www.cyberbullying.us/teens_cyberbullying_prevention_activities_tips.pdf</a>

### Booklet

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<p><i>Net Cetera: Chatting with Kids About Being Online</i> by OnGuard Online (FTC)</p>			An easy-to-read 56 page booklet about different aspects of Internet safety, security, and ethics	<p>Available at <a href="http://www.onguardonline.gov/articles/pdf-0001.pdf">www.onguardonline.gov/articles/pdf-0001.pdf</a></p> <p>(Booklets can be ordered in bulk at <a href="http://bulkorder.ftc.gov/">http://bulkorder.ftc.gov/</a> )</p>

## Brochures

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Cell Phone Savvy</i>	The Wireless Foundation	Parents	The full-color brochure about cell phone safety, offers a listing of websites and a contract for responsible cellphone use for kids.	Available at <a href="http://www.ncpc.org/resources/enhancement-assets/publications-non-ncpc/2009-get-wise-about-wireless-resources/RWIRE09-PARENT.pdf">http://www.ncpc.org/resources/enhancement-assets/publications-non-ncpc/2009-get-wise-about-wireless-resources/RWIRE09-PARENT.pdf</a>

## Campaigns

Resource	Author	Audience	Description	How to Access
<i>Stop. Think. Connect.</i>	The Department of Homeland Security, f the National Initiative for Cybersecurity Education and the National Institute of Standards and Technology	Teens	This national prevention campaign is aimed at increasing the understanding of cyber threats and empowering Americans to be safe and secure online.	Resource available at <a href="http://www.onguardonline.gov/articles/pdf-0002.pdf">http://www.onguardonline.gov/articles/pdf-0002.pdf</a>
<i>Student Toolkit: What Drives You</i>	I-SAFE	Teens	This campaign was designed to inspire youth to get involved in making the Internet a safe place to travel. The toolkit guide provides students with information, activities and event plans for educating others about Internet safety.	Available at no cost through <a href="http://isafe.org/xblock/docs/Student_Toolkit.pdf">http://isafe.org/xblock/docs/Student_Toolkit.pdf</a>

## Curricula/Manuals/Toolkits

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access
<i>Cyber Bullying: A Prevention Curriculum</i>  Susan Limber, Robin Kowalski, and Patricia Agatston  Hazelden Publishing  2009	Grades 3-12	5 – Forty-five minute sessions to be taught weekly	Designed to raise students' and parents' awareness of cyberbullying, its harm, and to equip students with skills and resources to be respectful while using technology. Peer leaders are trained by the curriculum to assist in teaching portions of the lessons. Along with curricula comes a CD-ROM with reproducible resources (posters, handouts).  Available in English and Spanish.	Available for purchase for \$109 each through <a href="http://www.hazelden.org/web/go/cyberbullying">http://www.hazelden.org/web/go/cyberbullying</a> or it can be ordered from Hazelden Publishing Prevention Store, Phone: 800-328-9000 or emailed at: <a href="mailto:customersupport@hazelden.org">customersupport@hazelden.org</a>

<p><i>Cyber Bullying: A Prevention Curriculum for Grades 6-12</i></p> <p><a href="#">Susan P. Limber, Ph.D.</a>, Robin M. Kowalski, Ph.D. and Patricia W. Agatston, Ph.D.</p> <p>Hazelden Publishing 2009</p>	Grades 3-5	5- Forty minute sessions taught weekly	This curriculum raises awareness of what cyber bullying is and why it is so harmful, equips students with the skills to treat people respectfully when using cyber technologies, gives students information about how to get help if they or others are being cyber bullied, and helps parents know what to do to keep their children safe from cyber bullying. Includes teacher's manual , reproducible classroom materials, posters, sample policies, teacher training resources, and more.	Available to purchase for \$109.00 through <a href="http://www.hazelden.org/OA_HTML/ibeCCtPltmDspRte.jsp?item=13244&amp;sitex=10020:2372:US">http://www.hazelden.org/OA_HTML/ibeCCtPltmDspRte.jsp?item=13244&amp;sitex=10020:2372:US</a> or it can be ordered from Hazelden Publishing Prevention Store, Phone: 800-328-9000 or emailed at: <a href="mailto:customersupport@hazelden.org">customersupport@hazelden.org</a>
<p><i>Cyber Bullying: A Prevention Curriculum for Grades 6-12</i></p> <p><a href="#">Susan P. Limber, Ph.D.</a>, Robin M. Kowalski, Ph.D., Patricia W. Agatston, Ph.D</p> <p>Hazelden Publishing 2008</p>	Grades 6-12	8- Fifty minute sessions	This curriculum helps students understand what cyber bullying is, its consequences, and what students should do if they are cyber bullied.  The program includes a facilitator's guide and a CD-ROM of reproducible handouts, posters, parent materials (in English and Spanish) and information on how to address cyber bullying in a comprehensive school wide prevention effort.	Available to purchase for \$109.00 through <a href="http://www.hazelden.org/OA_HTML/ibeCCtPltmDspRte.jsp?item=12188&amp;sitex=10020:2372:US">http://www.hazelden.org/OA_HTML/ibeCCtPltmDspRte.jsp?item=12188&amp;sitex=10020:2372:US</a>  Order from Hazelden Publishing Prevention Store, Phone: 800-328-9000 or emailed at: <a href="mailto:customersupport@hazelden.org">customersupport@hazelden.org</a>
<p><i>Standing Up, Not Standing By: A Free Cyberbullying Toolkit for Educators</i></p>	<i>Educators</i>	Elementary, middle and high school students	This toolkit was designed to help educators help students handle digital harassment when they see it happen.	Available to download at <a href="http://www.commonsensemedia.org/educators/cyberbullying-toolkit">http://www.commonsensemedia.org/educators/cyberbullying-toolkit</a>

## Fact Sheets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Beware of the Cyber Bully</i>	iSafe	Educators and parents	Results of a survey are discussed that ask students ranging from fourth to eighth grade about cyberbullying.  Along with statistics a personal story and prevention techniques are shared in this 2 page factsheet.	Available at no cost through <a href="http://www.isafe.org/imgs/pdf/education/CyberBullying.pdf">http://www.isafe.org/imgs/pdf/education/CyberBullying.pdf</a>
<i>Teen "Textuality" Youth Sexting: A Troubling New Trend</i>	The Indiana Youth Institute 2009	Variety	This 6 page brief offers information about sexting, including prevalence, why teens sext, tips for preventing sexting, positives and negatives of sexting, and what to do if you know a teen that is sexting.	Available at no cost through <a href="http://www.iyi.org/resources/doc/Issue-Brief-SEXTING-Aug09.pdf">http://www.iyi.org/resources/doc/Issue-Brief-SEXTING-Aug09.pdf</a>
<i>Preventing Cyberbullying: Top Ten Tips for Teens</i>  Sameer Hinduja and Justin W. Patchin	Cyberbullying Research Center 2012	Adolescents	This list of top ten things specifies how teenagers can keep themselves safe from online harassment and victimization online.	Available at no cost through <a href="http://www.cyberbullying.us/Top_Ten_Tips_Teens_Prevention.pdf">http://www.cyberbullying.us/Top_Ten_Tips_Teens_Prevention.pdf</a>

<p><i>Responding to Cyberbullying: Top Ten Tips for Teens</i></p> <p>By Sameer Hinduja and Justin W. Patchin</p>	<p>Cyberbullying Research Center</p> <p>2012</p>	<p>Adolescents</p>	<p>This list of ten things specifies how teenagers can deal with online harassment and victimization when it happens to them.</p>	<p>Available at no cost through <a href="http://www.cyberbullying.us/Top_Ten_Tips_Teens_Response.pdf">http://www.cyberbullying.us/Top_Ten_Tips_Teens_Response.pdf</a></p>
<p><i>Cyberbullying Fact Sheet: Identification, Prevention, and Response</i></p> <p>By Sameer Hinduja and Justin W. Patchin</p>	<p>Cyberbullying Research Center</p> <p>2010</p>	<p>Educators and/or Parents</p>	<p>This five-page summary is filled with as much useful information to equip educators and parents to spot cyberbullying, respond to it appropriately and meaningfully, and to prevent its future occurrence among the children and teenagers .</p>	<p>Available at no cost through <a href="http://www.cyberbullying.us/Cyberbullying_Identifier_Prevention_Response_Fact_Sheet.pdf">http://www.cyberbullying.us/Cyberbullying_Identifier_Prevention_Response_Fact_Sheet.pdf</a></p>

## Media/DVDs

Resource	Audience	Time/Sessions	Description	Cost/How to Purchase or Access
<p><i>Let's Fight It Together: Cyberbullying Film</i></p> <p>ChildNet International</p> <p>2007</p>	<p>Teens</p>	<p>Video- 6 minutes</p> <p>Questions – 25 minutes</p>	<p>This short video depicts a story of a teenager who becomes the target of bullying via the internet and his cellphone. Video show a number of ways cyberbullying can occur.</p> <p>The video has an accompanying lesson plan and teacher's guide.</p>	<p>Video available at <a href="http://www.digizen.org/cyberbullying/film.aspx">http://www.digizen.org/cyberbullying/film.aspx</a></p> <p>Teacher's guide available at <a href="http://old.digizen.org/downloads/Let%27sFightItTogether-guide.pdf">http://old.digizen.org/downloads/Let%27sFightItTogether-guide.pdf</a></p>
<p><i>The Wild Wild Web</i></p> <p>By Twisted Scholar, Inc.</p> <p>2010</p>	<p>Grades 5-8</p>	<p>26 minutes</p>	<p>The DVD shows students that cyberbullying should not be tolerated and there are ways to approach the problem safely. The fun, yet educational format will leave the classroom open for discussion between students and adults. There are three objectives students will learn: if you wouldn't say it to their face don't say it in cyberspace, break the chain to stop the pain, and tell someone. Purchase also includes a facilitator's manual.</p>	<p>Available to purchase for \$69.95 through <a href="http://www.twistedscholar.com/videos/the-wild-wild-web/">http://www.twistedscholar.com/videos/the-wild-wild-web/</a></p>

## Other Resources

Resource	Audience	Description	Cost/How to Purchase or Access
<p><i>A Comprehensive Directory of Online Safety Resources</i></p> <p>Anne Bubnic</p>	<p>Parents and educators</p>	<p>This frequently updated directory, of agencies and organizations providing "Net-Safety education", are listed in alphabetical order and provides easy access to hundreds of resources</p> <p>Among the developers are educational institutions, advocacy organizations, law enforcement agencies, and governments from local to national levels</p>	<p>Available at <a href="http://www.connectsafely.org/Directories/internet-safety-resources.html">http://www.connectsafely.org/Directories/internet-safety-resources.html</a></p> <p><b>Note:</b> Click here for a collection of <a href="#">online-safety educational games</a> that have been gathered from this directory.</p> <p><b>To search for resources in Spanish,</b> use your</p>

			browser's "Find Feature" (typically Ctrl F on PCs and command F on Macs,) and type the word "Spanish" in the search box.
<i>Real-Life Stories</i> by NetSmartz	Elementary, Middle and High School	Stories and videos about the impact of <i>cyberbullying</i> on kids and teens.	Available at <a href="http://www.netsmartz.org/resources/reallife.htm">http://www.netsmartz.org/resources/reallife.htm</a>
<i>Responding to Cyberbullying: Guidelines for Administration</i>  Common Sense Media  2012	Administrators and Educators	The one page flowchart that outlines steps to take should a cyberbullying incident occur in your school.	Flow chart is available to download at: <a href="http://www.commonsensemedia.org/educators/cyberbullying-response-flowchart">http://www.commonsensemedia.org/educators/cyberbullying-response-flowchart</a>

## Posters

Resource	Audience	Description	Cost/How to Purchase or Access
<i>Online Safety Posters</i>  Stay Safe Online.org  <b>STOP. THINK. CONNECT</b> National Cyber Security Alliance	Elementary, Middle and High School Students	These free "Cybersmart" classroom activities and posters encourage good security practices around password security, and protecting your identify. Also these activities are a great way to raise awareness about good online safety habits and tips.	<b>Download the posters and activities at</b> <a href="http://stopthinkconnect.org/get-involved/resources/">http://stopthinkconnect.org/get-involved/resources/</a>
<i>STOP Text Bullying: Top 10 Tips</i>  The Children's Charity	Middle School Students	Poster shows 10 tips to follow if you are being cyberbullied.	<a href="http://webarchive.nationalarchives.gov.uk/20071001175045/http://www.stoptextbully.com/files/stoptext_poster.pdf">http://webarchive.nationalarchives.gov.uk/20071001175045/http://www.stoptextbully.com/files/stoptext_poster.pdf</a>

## Toolkit

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Stop Cyberbullying</i>	Dr. Parry Aftab and WiredSafety.org  2012	Parents, students and schools	StopCyberbullying program is designed to motivate schools, students, and their parents to do something, not just stand there while others are hurt. It gives them the tools and information that they need to create their own grassroots campaign and address cyberbullying and hate online Wherever they find it.	Toolkit is available for download for free after registering at <a href="http://www.stopcyberbullying.org/index3.php">http://www.stopcyberbullying.org/index3.php</a>

## Websites

Resource	Audience	Description	How to Access
<i>A Thin Line</i>  MTV	Teens	Website was developed to empower teens to identify, respond to, and stop the spread of digital abuse. It is built on the understanding that there's a "thin line" between what may begin as a harmless joke and could	Information available at <a href="http://www.athinline.org/">http://www.athinline.org/</a>



Updated 2012		end up having a serious impact on you or someone else.	
<i>Connect Safely</i>	Parents, educators, advocates and teens	Website with user-driven resources designed to give teens and parents a voice in the public discussion about youth online safety along with a variety of social-media safety tips, the latest youth-tech news, and other resources.	Resources are available for free at <a href="http://www.connectsafely.org">http://www.connectsafely.org</a>
<i>Cyberbully411- Prevent Cyberbullying &amp; Internet Harassment</i> by Internet Solutions for Kids 2013	Teens	Website provides resources for youth who have questions about or have been targeted by online harassment.	Resources available to download at <a href="http://cyberbully411.org/">http://cyberbully411.org/</a>
<i>Cyberbullying Research Center</i>	Teens and Educators	Website is dedicated to providing up-to-date information about the nature, extent, causes, and consequences of cyberbullying among adolescents	Information, resources and activities are available for download at <a href="http://www.cyberbullying.us/">http://www.cyberbullying.us/</a>
<i>Cyber Tipline</i>	Educators and parents	This tipline is operated by the National Center for Missing & Exploited Children, in partnership with the FBI, ICE, U.S. Postal Inspection Service, U.S. Secret Service, ICAC Task Force Program, and other agencies, and receives leads and tips regarding suspected crimes of sexual exploitation committed against children.	For help in suspected crimes of sexual exploitation go to: <a href="http://www.missingkids.com/CyberTipline">http://www.missingkids.com/CyberTipline</a>
<i>Internet Keep Safe Coalition (iKeepSafe)</i> 2005		iKeepSafe is an international alliance of more than 100 policy leaders, educators, law enforcement members, technology experts, public health experts and advocates who have created a collection of products and tools used to affect a global society of digital citizens:	Resources re available at <a href="http://www.ikeepsafe.org/about-us/">http://www.ikeepsafe.org/about-us/</a>
<i>GetNetWise</i> Project of the Internet Education Foundation 1999-2013	Everyone	A resource to help kids have safe, educational, and entertaining online experiences. Includes a glossary, a guide and tools for online safety, directions for reporting online trouble, and sites for kids to visit.	Resources are available at <a href="http://www.getnetwise.org">http://www.getnetwise.org</a>
<i>NetSmartz411</i> National Center for Missing & Exploited Children (NCMEC) <i>Helpdesk &amp; Hotline – 1-888-NETS411</i>	Parents	Website for parents' and guardians' premier with online resource for answering questions about Internet safety, computers, and the Web.	Available at <a href="http://www.netsmartz411.org/">http://www.netsmartz411.org/</a>
<i>NetSmartz Workshop</i>	Children 5-17, parents, guardians, educators and law enforcement	Website is an interactive, educational program that provides age-appropriate resources to help teach children how to be safer on- and offline with resources such as videos, games, activity cards, and presentations,. NetSmartz entertains while it educates.	Resources are available at <a href="http://www.netsmartz.org">http://www.netsmartz.org</a>

<i>Stop Cyberbullying.</i> By Parry Aftab and Wired Safety Group	Ages 7 to17, parents, caregivers, educators, and law enforcement	Website provides information for a variety of users to obtain more information about the different types of cyberbullying and the methods dealing with each. Prevention and intervention sections are also available.	Resources and information are available at <a href="http://www.stopcyberbullying.org/">http://www.stopcyberbullying.org/</a>
<i>Stop Bullying.</i> Updated 2012 U.S. Department of Health & Human Services	Youth, adults and educators	Website provides information on what happens when kids bully each other through electronic technology, why cyberbullying is different from traditional bullying, what you can do to prevent it, and how you can report it when it happens. The kid's section is complete with games, resources, information, video gallery and webcasts.	Resources are available to download at no cost at: <a href="http://www.stopbullying.gov/cyberbullying/index.html">http://www.stopbullying.gov/cyberbullying/index.html</a>
<i>WiredSafety.org</i>	Students, Parents, Teachers, and Law Enforcement	This Web site has been designed as an interactive resource, delivering information on cyberbullying for students, parents, educators and law enforcement. about the consequences (losing their ISP or IM accounts) helps.	Resources are available at <a href="https://www.wiredsafety.org/">https://www.wiredsafety.org/</a>

## E5. GENDER VIOLENCE RESOURCES

### Activity

Resource	Audience	Description	How to Access
<i>The Gender Box/Act Like a Man</i> Paul Kivel Futures Without Violence 2003-2007	Educators, Adults, Adolescents	This widely adapted exercise is a good starting point for conversations on gender socialization and violence and opens up discussions about gender roles and how they are enforced. This exercise can be adapted for use with different groups to discuss the gendered nature of other issues, such as sexual and reproductive health. Groups can create a box for young women (the Act Like a Lady or Be a Good Girl box) to discuss separately or in comparison with the Act Like a Man box. In addition, you can use the gender box exercise to make the connections between gender norms and other forms of oppression such as racism and heterosexism.	Available for download at: <a href="http://toolkit.futureswithoutviolence.org/Resources/ActLikeAMan/FVPFResourceviewccb4.html?searchterm=None">http://toolkit.futureswithoutviolence.org/Resources/ActLikeAMan/FVPFResourceviewccb4.html?searchterm=None</a>
<i>30 Days of Strength</i> Men Can Stop Rape	Male Teens	Men of Strength (MOST) clubs are the premier violence prevention program mobilizing young men to prevent sexual and dating violence. During Sexual Assault Awareness month MOST club members work to create positive change to sexual violence against women.	Information available at <a href="http://www.mencanstoprape.org/images/stories/PDF/most_club_brochure.pdf">http://www.mencanstoprape.org/images/stories/PDF/most_club_brochure.pdf</a>

### Curricula/Manuals/Toolkits

Resource	Audience	Time/Sessions	Description	Cost/How to Purchase or Access
<i>Coaching Boys Into Men</i> By Futures Without	Coaches, school administrators, parents,,	10-15 minute weekly sessions!	No matter your role, this resource partners athletic coaches to young male athletes to help them practice respect towards themselves and	Available at <a href="http://www.coachescorner.org">http://www.coachescorner.org</a> Please email a request to use

Violence 2008	community leaders, and educators		others.  The Coaches Kit can be used for teaching boys how to have respectful and non-violent relationships.	to <a href="mailto:request@futureswithoutviolence.org">request@futureswithoutviolence.org</a>
<i>It's All One Curriculum</i>  Pop Council	Teachers and Community Educators	54 Activities	This curriculum was designed for teaching sexuality/sexual health through critical thinking skills. It encourages young people to learn how to make and implement decisions regarding their own sexual lives.	Download the guidelines and activities at <a href="http://www.popcouncil.org/publications/books/2010_ItsAllOne.asp">http://www.popcouncil.org/publications/books/2010_ItsAllOne.asp</a>  <b><a href="#">REQUEST A HARD COPY OR CD-ROM</a></b> <b><a href="#">DOWNLOAD PDF: GUIDELINES   ACTIVITIES</a></b>  <b>ALSO AVAILABLE:</b> <b><a href="#">ESPAÑOL</a>   <a href="#">FRANÇAIS</a></b>
<i>Toolkit: Working with Men and Boys to Prevent Gender-Based Violence</i>  Family Violence Prevention Fund	Teachers and Prevention Specialists	Dependent upon exercises	This comprehensive tool kit was designed to help you work with men and boys to prevent gender-based violence. It provides readings, case studies, handouts, exercises, and other resources as well as community-building tools.	Resources are available at <a href="http://toolkit.endabuse.org/Home.html">http://toolkit.endabuse.org/Home.html</a>

## Fact Sheets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>What Young Men Can Do to Prevent Bullying and Sexual Harassment</i>	Men Of Strength	Middle school male students	This fact sheet provides information on ways young men can learn how not to stand on the sideline and allow bullying and sexual harassment to happen.	Available at <a href="http://www.mencanstoprap.e.org/Handouts/what-young-men-can-do.html">http://www.mencanstoprap.e.org/Handouts/what-young-men-can-do.html</a>

## Media/DVDs

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access
<i>Straightlaced</i>  New Day Film  Director: Debra Chasnoff	Middle School, High School	67 minutes	<b>Straightlaced</b> includes the perspectives of teens who self-identify as straight, lesbian, gay, bisexual or questioning and represent all points of the gender spectrum.  The 160 page curriculum guide for use in school, community group and professional development settings offers a variety of theme-based	Available for purchase from <a href="http://www.newday.com/films/straightlacedhowgendergotusalltiedup.html">http://www.newday.com/films/straightlacedhowgendergotusalltiedup.html</a>

			activities to extend and deepen the conversation on specific topics, such as: media messages, gender identity, stereotypes and social disparities, gay and lesbian experience, gender and race, and healthy relationships.	
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## Other Resources

Resource	Audience	Description	Cost/How to Purchase or Access
<i>PBS Parents Guide to Understanding and Raising Boys</i>	Parents	The PBS Parents Guide to Understanding and Raising Boys delivers practical strategies and useful insights to help parents understand and raise their sons. Sections of this website include "The Search for Masculinity" and "Emotionally Strong Boys."	Information can be found at <a href="http://www.pbs.org/parents/raisingboys/about.html">http://www.pbs.org/parents/raisingboys/about.html</a>

## Websites

Resource	Audience	Description	How to Access
<i>Futures Without Violence</i> 2012		Futures Without Violence, formerly Family Violence Prevention Fund, is an international nonprofit organization whose mission is to end violence against women, children and families.  This organization works to prevent violence within the home and in the community to help those whose lives are affected by violence and abuse.	<a href="http://www.futureswithoutviolence.org">www.futureswithoutviolence.org</a> .
<i>True Child</i>		Website promotes <i>gender transformative</i> approaches to reproductive health, gender-based violence, civic engagement, and educational achievement. Because challenging harmful codes of femininity and masculinity and increasing gender equity has been shown to be the key to improving life outcomes for at-risk youth, like those who are of color, LGBTQ, or in low-income communities.	Information can be found at <a href="http://www.truechild.org/PageDisplay.asp?p1=8731">http://www.truechild.org/PageDisplay.asp?p1=8731</a>

## E6. HEALTHY RELATIONSHIP RESOURCES

### Booklets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Healthy Relationships Protect Teens – Parent’s Handbook</i>	Start Strong Idaho: Building Healthy Relationships  2007	Parents of 11-14 year olds	This 11 page d handbook helps parents better understand why they need to talk to their teen about relationships and pressure to engage in risky behaviors.	Available at no cost through <a href="http://www.startstrongidaho.com/images/SSI_handbook.pdf">http://www.startstrongidaho.com/images/SSI_handbook.pdf</a>
<i>A Parent’s Handbook – How to Talk to Your Children About Developing Healthy Relationships</i>	Liz Claiborne and Women’s Work in collaboration with Dr. Richard Gallagher, Director of the Parenting Institute of New York University’s Child Study Center	Parents of 10-13 year olds and educators	This 8 page booklet is part of the “Love Is Not Abuse” campaign and includes information on how to talk about healthy and unhealthy relationships;, a quiz for parents and kids to determine their ideas about relationships and real life stories for discussion along with a resource guide.	Available at no cost at <a href="http://www.ncdsv.org/images/LizClaiborne_Parent%27sHandbookHowTalkChildrenHealthyRelationships.pdf">http://www.ncdsv.org/images/LizClaiborne_Parent%27sHandbookHowTalkChildrenHealthyRelationships.pdf</a>
<i>Relationship Status</i>	Youth Advocacy Task Force, Vermont Domestic and Sexual Violence and DCF family Services DV Unite  Revised September 2011	Adolescents of all ages	This 47 page booklet provides information on all kinds of relationships using stories, lists, activities and resources. It helps adolescents think about relationships, what you might need to know to help yourself and what you might need to know to help a friend.	Available at no cost to download at <a href="http://www.vtnetwork.org/wp-content/uploads/Healthy-Relationships-Web-Version.pdf">http://www.vtnetwork.org/wp-content/uploads/Healthy-Relationships-Web-Version.pdf</a>

### Campaigns

Resource	Audience	Description	How to Access
<i>Hear My Voice</i>	Teens	The Hear My Voice campaign was created by Break the Cycle to educate and engage young people in the LGBTQ community to create safe and healthy relationships, and connect victims of dating abuse to help and legal services in their community	Available at <a href="http://hearmyvoice.breakthecycle.org/">http://hearmyvoice.breakthecycle.org/</a>
<i>The LOVE Campaign</i> National Dating Abuse Helpline, in partnership with Texas Attorney General	Teens (13-18 years old)	The campaign raises awareness of healthy dating behaviors to prevent dating abuse among 13-18 year olds. Downloadable resources included in this campaign include posters with	All are available at <a href="http://www.loveisrespect.org/resources/love/LOVE%20Message-revised.pdf">http://www.loveisrespect.org/resources/love/LOVE%20Message-revised.pdf</a>

2011		loveisrespect.org contact information, video public service announcements, wallet cards, website artwork and other educational information.	
<i>The RESPECT! Campaign</i> Futures Without Violence 2011	Teens, Parents, Educators, Coaches	This campaign was created to advance a national movement to promote healthy relationships through positive role modeling and respect education by providing parents, teachers, coaches and other role models with tools and resources necessary to teach young people about respect in relationships.	Fact sheets, resources and contact information to seek help is available at <a href="http://www.giverespect.org/">http://www.giverespect.org/</a>
<i>Whereisyourline.org</i> Supported by The Fledgling Fund	Teens and young adults	The LINE Campaign is an educational and interactive digital space that fosters dialogue about sexual boundaries and consent, empowers young men and women to discuss complex scenarios about healthy relationships and sex.	Information is available at <a href="http://whereisyourline.org/about/">http://whereisyourline.org/about/</a>

## Curricula/Manuals/Toolkits

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access
<i>Consent Campaign Guidebook, 2<sup>nd</sup> Edition, 2012</i>  <i>Vermont Network Against Domestic and Sexual Violence</i>	Middle and High School	2 lessons per grade	This guidebook (106 pages) has teaching tools, planning information and resource lists for middle and high school educators teaching about consent and sexual violence prevention.	<a href="http://www.vtnetwork.org/wp-content/uploads/VT-Consent-Campaign-Guidebook-and-Appendices-2nd-edition.pdf">http://www.vtnetwork.org/wp-content/uploads/VT-Consent-Campaign-Guidebook-and-Appendices-2nd-edition.pdf</a>
<i>Family Life and Sexual Health (F.L.A.S.H.)</i>  King County, WA 2015	Middle, Jr. and High School Students	2 lessons per grade	Family Life and Sexual Health (F.L.A.S.H.) is a comprehensive, interactive, science-based sexual health education curriculum designed to prevent pregnancy, STDs and sexual violence. It is designed to be used in school classrooms, as a part of a health unit, although it can be successfully implemented in a variety of environments. It includes a strong family involvement component, creating opportunities for families to talk with their children about important sexual health topics.	Available to download at <a href="http://www.kingcounty.gov/healthservices/health/personal/famplan/educators/FLASH.aspx">http://www.kingcounty.gov/healthservices/health/personal/famplan/educators/FLASH.aspx</a>
<i>Healthy Relationships: A Violence-Prevention Curriculum</i>  By Men for Change in cooperation with The Halifax County-Bedford	Teens	53 activities designed for a 45-60 minute time frame	This curriculum promotes gender equality and an end to violence in society by providing teens with activities that empower them through learning skills and changing behaviors so they know how to form and maintain healthy relationships.	Available to purchase at : <a href="http://www.m4c.ns.ca/faq.html">http://www.m4c.ns.ca/faq.html</a>

District School Board in Nova Scotia, Canada  Revised 2007				
<i>Love All That And More</i>  Faith Trust Institute  Curriculum author Barri Rosenbluth, LMSW, ACP and facilitator's guide author, Rev. Lizann Bassham and Michelle Shapiro Abraham  Revised 2009	Teens	6 sessions, 50 minutes each	This program promotes safe, healthy relationships and supports teens in taking action to overcome violence and abuse by providing discussion questions, interactive follow-up activities, and suggestions for the facilitator. Faith-based curriculum, but public school edition also available.	Available to purchase for \$149.00 at: <a href="http://www.faithtrustinstitute.org/store/01tA000000M7rhlAC">http://www.faithtrustinstitute.org/store/01tA000000M7rhlAC</a>
<i>Ready, Set, Respect! GLSEN's Elementary School Toolkit</i>  National Association of Elementary School Principals (NAESP) and the National Association for the Education of Young Children (NAEYC)  2012	Elementary Students	4 sets of lessons with 4 lessons in each set	<b><i>Ready, Set, Respect!</i></b> Is a set of tools to help educators prepare themselves for teaching about respect to students at the elementary school level.  The 68-page toolkit contains lesson plans that focus on name-calling, bullying and bias, LGBT-inclusive family diversity and gender roles and diversity.  The plans are designed for teachers to use as either standalone lessons or to integrate into existing curriculum content or school-wide anti-bullying programs.	The toolkit is available to download at <a href="http://www.glsen.org/binary-data/GLSEN_ATTACHMENTS/file/000/002/2028-4.pdf">http://www.glsen.org/binary-data/GLSEN_ATTACHMENTS/file/000/002/2028-4.pdf</a>

## Other Resources

Resource	Audience	Description	Cost/How to Purchase or Access
<i>Safe Date Project</i>  Mike Domritz	Middle and High School, College	The Date Safe Project provides strong and positive voices for discussing sexual assault awareness, healthy dating, and specifically addressing consent. It provides students, educators, schools, and communities with interactive keynote presentations, workshops, books, and educational resources that are filled with fun exercises, thought-provoking lessons, emotionally touching stories, and easy to implement concepts. Parents are given simple solutions to talk with their kids about tough questions regarding dating and sexual assault awareness.	Information is available at <a href="http://www.thedatesafeproject.org/">http://www.thedatesafeproject.org/</a>
<i>Realtalk Conversation Starter Cards</i>  Rhode Island Coalition Against Domestic Violence and the Domestic Violence	For Adults working with youth	Real Talk was designed specifically for adults who work directly with youth, either in a school or community setting. This tool is intended to help youth workers facilitate dialogue about teen dating violence and prepare them as they teach healthy	Guide - <a href="http://www.ricadv.org/images/RealTalk_Conversation_Guide_2013.pdf">http://www.ricadv.org/images/RealTalk_Conversation_Guide_2013.pdf</a>

Enhancement Leadership Through Alliances		relationship skills to youth. Working with young people to promote healthy relationships and change social norms to prevent teen dating violence can sometimes feel intimidating to youth workers who are already addressing connected issues like gang violence, suicide, teen pregnancy and community organizing.	Cards - <a href="http://www.ricadv.org/images/TeenConverCards_web.pdf">http://www.ricadv.org/images/TeenConverCards_web.pdf</a>  Resource Guide – <a href="http://www.ricadv.org/images/RealTalkResourceGuideFULL.pdf">http://www.ricadv.org/images/RealTalkResourceGuideFULL.pdf</a>
<i>Working with Children Towards a Healthy &amp; Non-Violent Future</i>  National Resource Center on Domestic Violence and National Sexual Violence Resource Center  2008	Educators, Parents	This collection provides a unique perspective on working with children (younger than 13 years of age), focusing on theories and strategies for raising respectful, non-violent people. Resources discuss child development and how to utilize this knowledge when implementing primary prevention strategies that foster healthy attitudes and behaviors.  Resources include activities, tip sheets, handbooks, and other useful materials for promoting healthy attitudes and behaviors in children with regard to gender socialization, relationships, sexuality, and human rights.	Available at <a href="http://www.vawnet.org/special-collections/Children.php">http://www.vawnet.org/special-collections/Children.php</a>

## Phone App/Toolkit

Resource	Audience	Description	How to Access
<i>Healthy Relationships Circle of 6 – An Anti-Violence App for iPhones</i>  The Line Campaign  2012	Young adolescents and young adult, but could be used by anyone.	The Circle Of 6 phone app was developed with a toolkit of materials on “Healthy Relationships” to prevent sexual violence and dating violence before it happens.  The free Circle of 6 App comes with other materials (i.e., a poster, fact sheet, press kit and postcard).	Available to download at <a href="http://www.circleof6app.com/downloads/">http://www.circleof6app.com/downloads/</a>

## Posters

Resource	Audience	Description	Cost/How to Purchase or Access
<i>Did You Know Your Relationship Affects Your Health?</i>  Futures Without Violence <a href="http://www.endabuse.org">www.endabuse.org</a>  2008	Teens	The poster asks questions about sexual coercion in the relationships. Resource information is provided for anyone who is afraid or needs to talk.	Available to download at no cost through <a href="http://www.knowmoresaymore.org/wp-content/uploads/2008/07/Healthy-Relationships-Reproductive-Health-Poster-English.pdf">http://www.knowmoresaymore.org/wp-content/uploads/2008/07/Healthy-Relationships-Reproductive-Health-Poster-English.pdf</a>
<i>Dating Violence Affects 1 in 3 Young People</i>  Love is abuse.org	Teens	This poster gets the conversation on healthy relationships started. Perfect for a locker, dorm room, bulletin board or classroom, the poster gives positive examples of how to define love, features statistics on dating abuse and lists the	Available to download at no cost through <a href="http://www.loveisrespect.org/download-materials">http://www.loveisrespect.org/download-materials</a>



		loveisrespect.org resources.	
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## Websites

Resource	Audience	Description	How to Access
<i>Loveisrespect.org</i>	Teens	Learn the basics of dating, healthy relationship and where you should draw the line before abuse can happens.	Resources are available at no cost through <a href="http://www.loveisrespect.org/dating-basics/healthy-relationships">http://www.loveisrespect.org/dating-basics/healthy-relationships</a>
<i>Choose Respect</i>	Adolescents	Helps adolescents form healthy relationships to prevent dating abuse before it starts. This national effort is designed to motivate adolescents to challenge harmful beliefs about dating abuse and take steps to form respectful relationships.	Information available at <a href="http://www.chooserespect.org/">http://www.chooserespect.org/</a>

## E7. INTERNET SAFETY RESOURCES

### Booklets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>The Internet and Children- What's The Problem?</i>	Stop It Now, UK A project of the Lucy Faithful Foundation	Educators	This safety internet booklet (17 pages) encourages people to question their own use of new technology. It provides tips about how to help children stay safe while on the internet; help one recognize signs that someone may be using new technologies in sexually inappropriate or harmful ways; and provide information to help people to do something about it when they are aware that it's happening.	<b>Download the booklet for free at</b> <a href="http://webtest7.perceptive-office.com/media/2243/whatstheproblem.pdf">http://webtest7.perceptive-office.com/media/2243/whatstheproblem.pdf</a>
<i>Facebook Guide for Educators Internet Safety</i>  2011	iKeepSafe and the American School Counselor Association	Counselors, educators	This guide was created for school counselors to help them better understand Facebook and more effectively address and resolve problems that may arise from its use by students	Guide is available at <a href="http://www.ikeepsafe.org/wp-content/uploads/2012/04/Facebook-For-School-Counselors-Final-Revision1.pdf">http://www.ikeepsafe.org/wp-content/uploads/2012/04/Facebook-For-School-Counselors-Final-Revision1.pdf</a>

### Campaigns

Resource	Author	Audience	Description	Cost/How to Purchase or Access
<i>Cell Phone Safety for Ages 8 and Up</i>	INOBT ("I Know Better")	Youth - Ages 8 and up	This Cell Phone Safety public awareness campaign has been created to raise awareness and teach youth about safe and smart cell phone use.  It includes an educational program with curriculum for teachers, resources for parents, educational games for students focused on six principles of cell phone use, posters, brochures and fact sheets.	Campaign materials are available to download for free at <a href="http://www.projectyouthsafety.org">www.projectyouthsafety.org</a> .

### Curricula/Manuals/Toolkits

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access
<i>Internet Safety 101- Enough is Enough</i>  2009	Parents, educators and other adults		A multimedia teaching series highlighting the dangers children encounter online and providing safety solutions.	Program kit cost is \$39.95 and contains a workbook and resource guide, Rules 'N Tools booklet, 2 disc DVD teaching series. Curriculum is available at <a href="http://www.internetsafety101.org">http://www.internetsafety101.org</a> or <a href="http://www.enough.org">www.enough.org</a> .  Downloadable Rules 'N Tools checklists are also available online for free.

## Fact Sheets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Cell Phone Smart Fact Sheet</i>	INOBTB ("I Know Better")  2009	Educators and teachers	A fact sheet to promote cell phone safety among youth.	Resource is available at <a href="http://projectyouthsafety.org/wp-content/uploads/2012/02/Cell-Phone-Safety-Fact-Sheet.pdf">http://projectyouthsafety.org/wp-content/uploads/2012/02/Cell-Phone-Safety-Fact-Sheet.pdf</a>
<i>Child Safety and Prevention</i>	National Center for Missing and Exploited Children	Children and families	A series of publications that provide information related to child safety and prevention topics. Publications range from safety tips for kids to information for expectant parents. Additional publications regarding general information, missing children or child sexual exploitation, are also available	Available to download at <a href="http://www.missingkids.com/Publications/Safety">http://www.missingkids.com/Publications/Safety</a>
<i>Internet Safety Education for Teens: Getting It Right</i>	<i>Crimes Against Children Research Center</i>	Educators	This 4 page fact sheet provides suggestions for making Internet educational materials more consistent with the research and important features of these crimes.	Available to download at <a href="http://www.unh.edu/ccrc/internet-crimes/Internet%20Factsheet_portrait%20version_2-6-08_khf.pdf">http://www.unh.edu/ccrc/internet-crimes/Internet%20Factsheet_portrait%20version_2-6-08_khf.pdf</a>

## Web Game

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access
<i>Webonauts Internet Academy</i>	Ages 8 to 10		Webonauts Internet Academy is a web original game for PBS KIDS GO! that gives kids 8- to 10-year-old an opportunity to have some fun while exploring what it means to be a citizen in a web-infused, information-rich world. It is an engaging experience on its own but becomes all the more powerful when parents and teachers use game play as a springboard for conversations about media literacy and citizenship in the 21st Century.	Available at <a href="http://pbskids.org/webonauts/about/">http://pbskids.org/webonauts/about/</a>

## Websites

Resource	Audience	Description	How to Access
<i>Connect Safely</i>	Parents, teens, educators, advocates or anyone interested in Internet safety	This online forum teaches safe blogging and social networking along with the latest in youth-tech news in English and Spanish.	Information and resources available at <a href="http://www.connectsafely.org/about-us.html">www.connectsafely.org/about-us.html</a>

Enough Is Enough – Internet Safety 101	Parents and Educators	This website provides information on predators, inappropriate content, cell phones, cyberbullying, social networking and more.	<a href="http://www.internetsafety101.org">http://www.internetsafety101.org</a>
iKeep Safe.org	Educators, Parents and Youth	This website gives parents, educators, and policymakers the information and tools which empower them to teach children the safe and healthy use of technology and the Internet. iKeepSafe educational resources teach children of all ages in a fun, age-appropriate way, the basic rules of Internet safety, ethics, and the healthy use of connected technologies.	Information is available at <a href="http://www.ikeepsafe.org">http://www.ikeepsafe.org</a>
i-SAFE	Students, Educators, Parents, Law Enforcement	i-SAFE Inc. is a non-profit foundation whose mission is to educate and empower youth to safely and responsibly take control of their Internet experiences. The i-SAFE program provides students with the awareness and knowledge they need in order to recognize and avoid dangerous, destructive, or unlawful behavior and to respond appropriately. The <a href="#">Youth Empowerment Campaign</a> recognizes that children are their own best teachers.	Information is available at <a href="http://www.isafe.org">www.isafe.org</a>
Wired Safety	Parents, adults, schools, policy makers, law enforcement, children and youth	This is the largest and oldest online safety, education, and help group in the world. Originating in 1995 as a group of volunteers rating websites, it now provides one-to-one help, extensive information, and education to cyberspace users of all ages on a myriad of Internet and interactive technology safety, privacy and security issues. specialized websites, resources and programs.	Information and resources are available at <a href="https://www.wiredsafety.org/about/">https://www.wiredsafety.org/about/</a>
NetSmartz Workshop	Parents, guardians, educators, community leaders, and law enforcement	Up-to-date practical information to prevent Internet dangers. Options include resources including on- and offline activities, games, Internet safety pledges, news articles, and activity cards designed to supplement the NetSmartz online activities. NetSmartz has also created interactive presentations for elementary, middle, and high school students and communities.	NetSmartz content is free at <a href="http://www.NetSmartz.org">www.NetSmartz.org</a> .  NetSmartz 411," is an online service allowing you to search and query their vast knowledge base for answers to questions about the online world.
The CyberTipline	Everyone	An online and phone service which accepts leads regarding Internet criminal activities which are forwarded to law enforcement for review. Operated by the National Center for Missing and Exploited Children in collaboration with the Federal Bureau of Investigation and other state and law enforcement agencies, the Cybertipline is nationally recognized for its up-to-date and comprehensive resources on Internet safety and Internet crime reporting.	Learn about the issue, what can be reported, and how to stay safe at <a href="http://www.cybertipline.com">www.cybertipline.com</a> or call 1-800-843-5678.

## E. 8 Lesbian, Gay, Bisexual, Transgender and Questioning Youth Resources

### Fact Sheets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>FAST FACTS: The Unique Sexual and Reproductive Health Needs of Gay, Lesbian, Bisexual, Transgender, and Questioning (LGBTQ) Youth</i>	Healthy Teen Network 2006	Educators	This 2 page fact sheet discusses the education and services that can adversely affect the health and well-being of LGBTQ youth.	Available to download at <a href="http://www.healthyteennetwork.org/vertical/sites/%7Bb4d0cc76-cf78-4784-ba7c-5d0436f6040c%7D/uploads/%7B516ef85d-49fa-4f3f-b562-fa918cf9ed58%7D.pdf">http://www.healthyteennetwork.org/vertical/sites/%7Bb4d0cc76-cf78-4784-ba7c-5d0436f6040c%7D/uploads/%7B516ef85d-49fa-4f3f-b562-fa918cf9ed58%7D.pdf</a>

### Other Resources

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Making A Difference: Advocacy Resource Guide: Unique Sexual and Reproductive Health Needs of Gay, Lesbian, Bisexual, Transgender and Questioning (LGBTQ) Youth</i>	Healthy Teen Network 2006	Educators	This 7 page document helps educators/administrators look at issues important to the health and success facing today's youth.	Available to download at <a href="http://healthyteennetwork.org/vertical/sites/%7BB4D0CC76-CF78-4784-BA7C-5D0436F6040C%7D/uploads/%7B48BB22A6-8A73-41A2-BD11-29FBBFCC6C15%7D.PDF">http://healthyteennetwork.org/vertical/sites/%7BB4D0CC76-CF78-4784-BA7C-5D0436F6040C%7D/uploads/%7B48BB22A6-8A73-41A2-BD11-29FBBFCC6C15%7D.PDF</a>

### Websites

Resource	Audience	Description	How to Access
<i>Hear My Voice</i>	Youth	First national campaign specifically designed for LGBTQ youth to educate and engage young people in the LGBTQ community about safe and healthy relationship.  It also connects victims of dating abuse to help and legal services within their community.	Information can be accessed at <a href="http://hearmyvoice.breakthecycle.org/">http://hearmyvoice.breakthecycle.org/</a>
<i>GLSEN, the Gay, Lesbian &amp; Straight Education Network,</i>	Community leaders, Educators and students	GLSEN is the leading national education organization focused on ensuring safe schools for all students.  GLSEN works with educators, policy makers, community leaders and students on the urgent need to address anti-LGBT behavior and bias in schools. GLSEN strives to protect students from bullying and harassment, to advance comprehensive safe schools laws and policies, to empower principals to make their schools safer, and to build the skills of educators to teach respect for all people.	Information and resources are available at <a href="http://www.glsen.org/cgi-bin/iowa/all/what/index.html">http://www.glsen.org/cgi-bin/iowa/all/what/index.html</a>

<i>Healthy Teen Network</i>	Health Care Providers, Administrators and Educators	This comprehensive educational resource to professionals working in the area of adolescent reproductive health - specifically teen pregnancy prevention, teen pregnancy, teen parenting and related issues. Healthy Teen Network is uniquely able to have an impact on a large number of teens and young families because of its comprehensive approach and its direct and immediate links to a grassroots network of reproductive health care professionals throughout our nation's communities.	Information is available at <a href="http://www.healthyteenetwork.org">www.healthyteenetwork.org</a>
<i>Advocates For Youth</i>	Adolescents and young adults ages 14-25	These resources help young people make informed and responsible decisions about their reproductive and sexual health. <i>Advocates for Youth</i> envisions a society that views sexuality as normal and healthy and treats young people as a valuable resource. The core values of <i>Rights, Respect and Responsibility</i> are key.	Information is available at <a href="http://www.advocatesforyouth.org">www.advocatesforyouth.org</a>
<i>The National Coalition for LGBT Health</i>	Individuals of every sexual orientation, gender, gender identity, race, ethnicity, and age; regardless of disability, income, education, and geography	This coalition is committed to improving the health and well-being of lesbian, gay, bisexual, and transgender individuals through federal advocacy that is focused on research, policy, education, and training.  The LGBT community includes. Our members are dedicated to effecting change by uniting this rich diversity at the national level.	Information is available at <a href="http://www.lgbthealth.net">www.lgbthealth.net</a>
<i>The Trevor Project</i>	Gay, lesbian, bi-sexual and questioning teens	This initiative promotes acceptance of gay, lesbians, bi-sexual and questioning teens and helps to present suicide among youth. The Trevor Helpline (1-866-488-7386) is a 24 hour toll-free number.	Information is available at <a href="http://www.thetrevorproject.org">http://www.thetrevorproject.org</a>

## E9. PRIMARY PREVENTION RESOURCES

### Booklets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Engaging the Community in Sexual Violence Prevention: Guidebook for Individuals Organizing and Engaging in Collaborative Prevention</i>	Morgan Curtis, Texas Association Against Sexual Assault,	Persons involved in primary prevention efforts	This booklet discusses all aspects of primary prevention including: the importance of engaging communities, identifying potential community partners, structure and running of workgroups, and identifying community specific needs and risk factors.  Note: Great resource for educators invested in getting the community to invest time, energy and resources into primary prevention efforts. Lots of good "how-tos."	Available at no cost through <a href="http://www.taasa.org/prevention/pdfs/TAASA_ECGuidebook.pdf">http://www.taasa.org/prevention/pdfs/TAASA_ECGuidebook.pdf</a>
<i>Prevention and Intervention of Sexual Violence in Schools: Talking about "It"</i>	Cordelia Anderson, Sensibilities, Inc.,	Those working with children, and youth	This booklet provides the beginning steps for those working with children and youth to talk about sexual violence. Advocates the three P's approach to sexual health and responsible behavior: promotion, protection, and prevention with the hopes of stopping sexual offending behavior, reducing the chances of sexual victimization, building the capacity of bystanders, and addressing the sexually toxic society by creating healthier learning and work environments.  Note: A basic resource for developing a school-wide initiative. Curriculum and other resources will need to supplement the booklet.	Available at no cost through <a href="http://www.co.ramsey.mn.us/NR/rdonlyres/AD200AC3-F5D9-4AD8-B47B-9B90CB84FAEE/811/Talkingaboutit.pdf">http://www.co.ramsey.mn.us/NR/rdonlyres/AD200AC3-F5D9-4AD8-B47B-9B90CB84FAEE/811/Talkingaboutit.pdf</a>
<i>Prevention is Primary: Strategies for Community Wellbeing, Second Edition</i>	Larry Cohen, Sana Chehimi, & Vivian Chavez, Jossey-Bass, 2010	Variety	Text describes the overarching foundation and principles guiding primary prevention efforts and highlights prevention practice through a range of social and health issues, including chronic disease, HIV, violence, and mental health. Written for a broad audience--from students to practitioners and advocates- and includes theory, concepts, and models of primary prevention.	Available to purchase (\$80) through <a href="http://www.josseybass.com/WileyCDA/WileyTitle/productCd-0470550953.html">http://www.josseybass.com/WileyCDA/WileyTitle/productCd-0470550953.html</a>
<i>Sexual Violence and the Spectrum of Prevention : Towards a Community Solution</i>	Rachel Davis, Lisa Fujie Parks, & Larry Cohen, National Sexual Violence Resource Center, 2006	Advocates, practitioners, educators	This 18 page booklet describes a primary prevention approach to addressing sexual violence. Introduces The Spectrum of Prevention tool for comprehensive action and norms change involving six levels.	Available at no cost through <a href="http://www.nsvrc.org/publications/nsvrc-publications/sexual-violence-and-spectrum-prevention-towards-community-solution">http://www.nsvrc.org/publications/nsvrc-publications/sexual-violence-and-spectrum-prevention-towards-community-solution</a>

## Other Resources

Resource	Audience	Length	Description	Cost/How to Purchase or Access
<i>Evaluating Sexual Violence Prevention Programs: Steps and Strategies for Preventionists</i>	Prevention educators		This <a href="#">interactive online course</a> walks the user through the basic steps of evaluating the impact of sexual violence prevention programs. The course takes approximately 60 minutes to complete, will help users identify where their program has the skills and resources to do evaluation and where they may need some help.	Available at <a href="http://nsvrc.org/elearning/20026">http://nsvrc.org/elearning/20026</a>
<i>Making Meaningful Connection: 2015 Prevention Resource Guide</i>  U.S. Department of Health and Human Services' Children's Bureau, Office on Child Abuse and Neglect, its Child Welfare Information Gateway, the FRIENDS National Resource Center for Community-Based Child Abuse Prevention, and the Center for the Study of Social Policy—Strengthening Families.	Child abuse prevention professionals (English and Spanish)	102 pages	This resource guide was developed to support service providers in their work with parents, caregivers, and their children to prevent child abuse and neglect and promote child and family well-being.	Available for download at <a href="https://www.childwelfare.gov/pubPDFs/guide.pdf">https://www.childwelfare.gov/pubPDFs/guide.pdf</a>
<i>Guidelines for the Primary Prevention of Sexual Violence and Intimate Partner Violence</i>  By Virginia Sexual and Domestic Violence Action Alliance  (2009)	Variety	76 pages	These guidelines provide great detail about primary prevention of sexual violence. The questions posed in the guidelines will help sexual violence and intimate partner violence prevention programs identify how to reach their full capacity. Guidelines should be used as an organizing philosophy rather than a step-by-step approach for prevention efforts.	Available at no cost through <a href="http://www.vsdvalliance.org/secPublications/Prevention%20Guidelines%202009%5B1%5D.pdf">http://www.vsdvalliance.org/secPublications/Prevention%20Guidelines%202009%5B1%5D.pdf</a>
<i>Sexual Violence Prevention: Beginning the Dialogue</i>  By Centers for Disease Control and Prevention	Variety	13 pages	This document identifies concepts and strategies that can be used as the foundation for planning, implementing, and evaluating sexual violence prevention activities. Stresses the importance of prevention efforts that address perpetration, victimization, bystander attitudes and behaviors, and	Available at no cost through <a href="http://www.cdc.gov/violenceprevention/pdf/SVPrevention-a.pdf">http://www.cdc.gov/violenceprevention/pdf/SVPrevention-a.pdf</a>



(CDC) (2004)			enhancing protective factors.	
<i>Transforming Communities to Prevent Child Sexual Abuse and Exploitation: A Primary Prevention Approach</i>  By Prevention Institute (2009)	Advocates, practitioners, government officials, and funders	20 pages	This brief focuses on transforming broad social norms, influencing policies, and altering organizational practices to prevent child sexual abuse and exploitation. Strategies are introduced that build on previous successes within the field for transforming communities. The last section suggests transforming environments to a safe and supportive community where all children can thrive.	Available at no cost through <a href="http://www.preventioninstitute.org/component/jlibrary/article/id-31/127.html">http://www.preventioninstitute.org/component/jlibrary/article/id-31/127.html</a>
<i>Working With Schools: The Health Youth Act and Your Community</i> (2009)	Educators, Faculty	16 pages	This newsletter discusses what schools must do, ideas and resources around curricula and core service standards.	Available to download at <a href="http://www.wcsap.org/sites/www.wcsap.org/files/uploads/documents/WorkingwithSchools2009.pdf">http://www.wcsap.org/sites/www.wcsap.org/files/uploads/documents/WorkingwithSchools2009.pdf</a>

### Training Modules (Online/Printed)

Resource	Audience	Time/Sessions	Description	Cost/How to Purchase or Access
<i>Developing Comprehensive Prevention: Linking Primary Prevention Activities, Strategies and Programs</i>  By Lydia Ortiz 2009	Sexual assault coalitions and State health department	Online module and presentation	Gives guidance for building capacity for sexual assault prevention education at local Rape Crisis Centers.	Available at no cost through <a href="http://www.preventconnect.org/2009/09/developing-comprehensive-prevention-linking-primary-prevention-activities-strategies-and-programs/">http://www.preventconnect.org/2009/09/developing-comprehensive-prevention-linking-primary-prevention-activities-strategies-and-programs/</a>
<i>Drawing Upon Evidence and Lessons Learned to Improve Prevention</i>  By Wendi Siebold 2009	Sexual assault coalitions and State health departments	Online module and presentation	Objectives of the presentation include identifying how core elements of prevention in other fields can improve prevention of sexual violence and learning about evidence as it relates to prevention.	Available at no cost through <a href="http://www.preventconnect.org/attachments/2009/Evidence_8_12_09_3pp.pdf">http://www.preventconnect.org/attachments/2009/Evidence_8_12_09_3pp.pdf</a>
<i>Evaluating Sexual Violence Prevention Programs: Steps and Strategies for Preventionists</i>  <i>National Sexual Violence Resource Center, 2012</i>	Prevention Educators/ Teachers	60 minutes	This interactive online course walks the user through the basic steps of evaluating the impact of sexual violence prevention programs with emphasis on clarifying goals and objectives, planning evaluation design, choosing measurement tools and collecting data.	The online course is available at <a href="http://nsvrc.org/elearning/20026">http://nsvrc.org/elearning/20026</a>

<p><i>How Do We Teach Prevention?</i></p> <p>By David Lee</p> <p>2009</p>	<p>Sexual assault coalitions and State health departments</p>	<p>Online module and presentation</p>	<p>Objectives include describing capacity building role, identifying how to support building organizational capacity, and using online tools for teaching prevention.</p>	<p>Available at no cost through <a href="http://preventconnect.org/2009/07/how-do-we-teach-prevention/">http://preventconnect.org/2009/07/how-do-we-teach-prevention/</a></p>
<p><i>Orientation to Violence Prevention and Scope of the Problem</i></p> <p>By Preventing Violence through Education, Networking and Technical Assistance (PREVENT)</p> <p>2005</p>	<p>Variety</p>	<p>Online modules</p>	<p>This is a series of short, self-directed online learning modules that offer an introduction to violence prevention. Each module includes several slideshow presentations with audio. A printable outline (slides and script), and a glossary are available.</p>	<p>Available at no cost through <a href="http://www.prevent.unc.edu/education/distance_learning/modules.htm">http://www.prevent.unc.edu/education/distance_learning/modules.htm</a></p>
<p><i>Preventing Sexual Violence: An Educational Toolkit for Health Care Professionals</i></p> <p>By American Academy of Pediatrics</p> <p>(2010)</p>	<p>Health care providers</p>	<p>4 Online modules</p>	<p>This online toolkit offers useful information and tools to increase the comfort of health care providers in addressing sexual violence prevention with patients and their families. The modules focus on four age groups: Preschool, School Age, Younger Adolescent, and Older Adolescent. A sample speaker's presentation and a guide to community collaboration is also included. Some materials are available in English and Spanish.</p>	<p>Available at no cost through <a href="http://www.aap.org/pubser/PSVpreview/start.html">http://www.aap.org/pubser/PSVpreview/start.html</a></p>

## E10. SAFETY PLANNING RESOURCES

### Fact Sheets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Safety Planning with Teens Issue Brief No. 5</i>	Teen Center: Teen Dating Violence Technical Center and Break the Cycle  2009	Teens victims	This 7 page brief provide details all the steps that are needed to safety plan with a teen. It covers teen safety plan specifics, maintain a support network, avoiding a dangerous situation, handling an emergency, ending a relationship, resources and self –care.	Available at no cost through <a href="https://www.vaw.umn.edu/documents/safetyplanningteens/safetyplanningteens.pdf">https://www.vaw.umn.edu/documents/safetyplanningteens/safetyplanningteens.pdf</a>
<i>A Teen's Guide to Safety Planning</i>	Break The Cycle and Safe Space  2008	Teens	This is a practical guide (4 pages) to help teen think about their lifestyle so they will be safe as possible at school, home, and other places that they go on a daily basis	Available at no cost through <a href="http://www.thesafespace.org/pdf/handout-safety-plan-workbook-teens.pdf">http://www.thesafespace.org/pdf/handout-safety-plan-workbook-teens.pdf</a>
<i>Create a Teen Safety Plan</i>	Futures Without Violence	Teens	This one page sheet provides tips for creating a safety plan, keeping safe and finding support that is needed to have a violence free relationship.	Available at no cost through <a href="http://www.startstrongteens.org/sites/default/files/Create%20a%20Teen%20Safety%20Plan.pdf">http://www.startstrongteens.org/sites/default/files/Create%20a%20Teen%20Safety%20Plan.pdf</a>

### Websites

Resource	Audience	Description	How to Access
<i>The Stalking Resource Center</i>	Adolescents and adults	The mission of the <i>Stalking Resource Center</i> is to enhance the ability of professionals, organizations, and systems to effectively respond to stalking.	Resources are available at <a href="http://www.victimsofcrime.org/our-programs/stalking-resource-center/help-for-victims/stalking-safety-planning">http://www.victimsofcrime.org/our-programs/stalking-resource-center/help-for-victims/stalking-safety-planning</a>

## E11. SEXUAL HARASSMENT RESOURCES

### Fact Sheets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>How to Protect Students from Sexual Harassment: A Primer for Schools</i>	National Women's Law Center  2007	Administrators, Faculty and Staff	Schools that want to reduce their dropout rates must protect students from sexual harassment and bullying, and must ensure that students know to whom and how they should report sex discrimination.	Available for download at <a href="http://www.nwlc.org/sites/default/files/pdfs/Final%20SH%20Fact%20Sheet-Schools.pdf">http://www.nwlc.org/sites/default/files/pdfs/Final%20SH%20Fact%20Sheet-Schools.pdf</a>

<i>How to Recognize and Combat Sexual Harassment: A Primer for Students</i>	National Women's Law Center  2007	Students	This fact sheet was designed to help students identify, understand and address sexual harassment	Available for download at <a href="http://www.nwlc.org/sites/default/files/pdfs/Final%20OSH%20Fact%20Sheet-Students.pdf">http://www.nwlc.org/sites/default/files/pdfs/Final%20OSH%20Fact%20Sheet-Students.pdf</a>
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## E12. SEXUAL VIOLENCE

### Booklets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Healthy Sexuality</i>	NSVRC  2012	Advocates, counselors and prevention educators	This 9 page booklet provides guidance and prevention tools around the discussion of healthy sexuality within the context of sexual violence.	<a href="http://www.nsvrc.org/sites/default/files/SAAM_2012_Healthy-sexuality-a-guide-for-advocates-counselors-and-prevention-educators.pdf">http://www.nsvrc.org/sites/default/files/SAAM_2012_Healthy-sexuality-a-guide-for-advocates-counselors-and-prevention-educators.pdf</a>

### Curricula/Manuals/Toolkits

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Consent Campaign Guidebook 2<sup>nd</sup> Edition</i>	Vermont Network Against Domestic and Sexual Violence	Prevention Educators	This guidebook provides classroom teaching tools, planning information and resource lists for middle and high school educators teaching consent and sexual violence prevention.	<a href="http://www.vtnetwork.org/wp-content/uploads/VT-Consent-Campaign-Guidebook-and-Appendices-2nd-edition.pdf">http://www.vtnetwork.org/wp-content/uploads/VT-Consent-Campaign-Guidebook-and-Appendices-2nd-edition.pdf</a>
<i>Promoting Awareness of the College Transition (PACT)</i>	PCAR	High School Seniors	This guide was designed to promote awareness of the high rate of sexual victimization among "new" college students with the hope of helping student from becoming a victim of sexual assault or sexual harassment.	Guide can be found at <a href="http://www.fris.org/Resources/PDFs/Books/PACT%20Program.pdf">http://www.fris.org/Resources/PDFs/Books/PACT%20Program.pdf</a>
<i>WE Can Stop Abuse: A Sexual Abuse Prevention Curriculum for Persons with Developmental Disabilities</i>  By Sandy Laesch & Shirley Pacey 2004	Blue Tower	Persons with developmental disabilities	This 8 session curriculum has been proven effective for teaching prevention skills to persons with developmental disabilities by teaching how to identify and express feelings, recognize and name private body parts, identify at least one "safe person," being able to communicate "no" or "don't" to uncomfortable touch, identify private/public boundaries, and identify socially acceptable personal space and touching in different relationships.	Available for purchase through <a href="http://bluetowertraining.com">http://bluetowertraining.com</a> , online store for \$275.00  Phone: 217-875-8890
<i>Consensual Sex or Rape? Mock Rape Trial Guide and Video</i>	PCAR	High school and college students	Based on a mock trial, this video addresses drug facilitated sexual assault, and includes a "how to" guide and a ten minute video.	Available from PCAR for purchase at <a href="http://www.pcar.org/store/consensual-sex-or-">http://www.pcar.org/store/consensual-sex-or-</a>

				<a href="#">rape-mock-rape-trial-guide-video</a> for \$35 for guide and video
<i>Healthy Sexuality – Toolkit Guide</i> 2012	NSVRC	Educators, counselors and advocates	This 9 page guide provides guidance and practical tools around discussing healthy sexuality within the context of sexual violence	Available for download at <a href="http://www.nsvrc.org/sites/default/files/SAAM_2012_Healthy-sexuality-a-guide-for-advocates-counselors-and-prevention-educators.pdf">http://www.nsvrc.org/sites/default/files/SAAM_2012_Healthy-sexuality-a-guide-for-advocates-counselors-and-prevention-educators.pdf</a>

## Fact Sheets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Understanding Sexual Violence</i>	Centers for Disease Control and Prevention (CDC), 2012	Variety	This 2 page fact sheet introduces why sexual violence is a public health problem, how sexual violence affects health, who is at risk, prevention, and the CDC's approach to prevention.	No cost through <a href="http://www.cdc.gov/ViolencePrevention/pub/SV_factsheet.html">http://www.cdc.gov/ViolencePrevention/pub/SV_factsheet.html</a>

## Media/DVDs

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access
<i>Playing The Game 2</i>  Written and produced by Dr. Robin Sawyer, an Associate Professor at the University of Maryland's School of Public Health,	High School	12 min.	This DVD explores the issue of sexual assault and date rape. Without pointing fingers of blame, this dramatic film explores the dynamics of sexuality, dating, communication and alcohol use in a manner intended to provoke a meaningful discussion among students.  Study Guide is included	Available for purchase at <a href="http://www.intermedia-inc.com/title.asp?sku=PL05">http://www.intermedia-inc.com/title.asp?sku=PL05</a>

## Other Resources

Resource	Audience	Description	Cost/How to Purchase or Access
<i>Teens Think What Pennsylvania Coalition Against Rape (PCAR)</i> 2006	Parents and adults	This website contains information and resources for parents to better understand how to help teens get the facts straight about sexual violence. Teens are at the highest risk for sexual violence. It is key that adults/ parents know how to respond.	Information, brochures, music CD and a teen magazine are available at <a href="http://www.teensthinkwhat.com/index-2.html">http://www.teensthinkwhat.com/index-2.html</a>
<i>Bulletins for Teens</i>  National Center for Victims of Crime - Youth Initiative Publications	Teens	This is a series of bulletins called Teen Tools that explains how to recognize a crime, what emotions to expect, and how to receive or give help.	Available for free at <a href="http://www.victimsofcrime.org/help-for-crime-victims/get-help-bulletins-for-crime-victims/bulletins-for-teens">http://www.victimsofcrime.org/help-for-crime-victims/get-help-bulletins-for-crime-victims/bulletins-for-teens</a>

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## Posters

Resource	Author(s)	Audience	Description	Cost/How to Purchase or Access
Educational Posters	Mike Domritz	Middle schools and high school students	Series of poster address consent, respecting boundaries, healthy relationships, and dating violence. Select an age appropriate images and messages for your students.	Posters available to purchase from <a href="http://www.datesafeproject.org/educational-tools-resources/do-you-ask-poster-series/">http://www.datesafeproject.org/educational-tools-resources/do-you-ask-poster-series/</a>

## Websites

Resource	Audience	Description	How to Access
<i>Teenpcar.com</i>	Teens	The Pennsylvania Coalition Against Rape (PCAR) maintains this eye-catching website. Designed for males and females and offers quizzes, survival stories, statistics, and a getting help section. The links section is also helpful for finding interactive tools geared towards teens. Music CDs and magazines are also offered on the website (free to Pennsylvania residents, \$5 for non-residents).	Information available at <a href="http://www.teenpcar.com">http://www.teenpcar.com</a>
<i>Rape, Abuse &amp; Incest National Network (RAINN)</i>	Teens, adults	The Rape, Abuse & Incest National Network offers assistance 24 hours a day, 7 days a week. When calling the hotline, callers are automatically diverted to their area RAINN center where on-duty volunteers are available to answer questions, provide information and support, and suggest local resources.	Information and resources available at <a href="http://www.rainn.org">www.rainn.org</a>  Hotline 1-800-656-HOPE (4673)
<i>The National Sexual Violence Resource Center (NSVRC)</i> Project of PCAR	Everyone	NSVRC is a vital national center for information, resources and research related to all aspects of sexual violence. With a large and growing library of resources, the NSVRC responds to requests for information and provides customized, relevant, and helpful information.	Resources and materials are available at <a href="http://www.nsvrc.org">www.nsvrc.org</a> or Call toll free at 877-739-3895.

## E 13. SUICIDE PREVENTION RESOURCES

### Curricula/Manuals/Toolkits

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access
<p><i>Lifelines: A Suicide Prevention Program</i></p> <p>Authors: Maureen Underwood, L.C.S.W. and John Kalafat, Ph.D.</p> <p>2009</p>	Administrators, faculty, parents and students in Middle and High School	DVD total time -47 minutes	<p>This curriculum provides suicide awareness resources and information about suicide and the role of students in suicide prevention. Students participate in role-playing exercises that teach them what to do when faced with a suicidal peer. The exercises feature an emphasis on seeking adult help and frank discussions on the warning signs of suicide. In the process of teaching students how to help a friend, students who may be suicidal themselves will learn the importance of getting help as well.</p>	<p>Available for purchase for \$225.00 at <a href="http://www.hazelden.org/ONA_HTML/ibeCCtpltmDspRte.jsp?item=14484">http://www.hazelden.org/ONA_HTML/ibeCCtpltmDspRte.jsp?item=14484</a></p>

### Fact Sheets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Suicide and Bullying</i>	<p>Suicide Prevention Resource Center</p> <p>2008</p>	Educators, Parents	<p>This eight- page issue brief examines the relationship between suicide and bullying among children and adolescents, with special attention to lesbian, gay, bisexual, and transgender (LGBT) youth. It also explores strategies for preventing these problems.</p>	<p>Information is available at <a href="http://www.isbe.net/learning-supports/pdfs/suicide-bullying-brief.pdf">http://www.isbe.net/learning-supports/pdfs/suicide-bullying-brief.pdf</a></p>

### Media/DVDs

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access

### Other Resources

Resource	Author(s)	Audience	Description	Cost/How to Purchase or Access
<i>The Role of Teens in Preventing Suicide</i>	Suicide Prevention Resource Center	Teens	<p>This publication helps you understand why some teenagers want to hurt themselves, how to tell if someone may be thinking about suicide and what to do if you think someone may try to kill himself or herself.</p>	<p>Information is available to download for free at <a href="http://www.sprc.org/sites/sprc.org/files/Teens.pdf">http://www.sprc.org/sites/sprc.org/files/Teens.pdf</a></p>
<i>Understanding</i>	Suicide Prevention	Prevention		Available to download at

<i>Risk and Protective Factors for Suicide: A Primer for Preventing Suicide</i>	Resource Center, & Rodgers, P. (2011)	educators and clinicians	This information sheet provides a brief overview of the importance of risk and protective factors as they relate to suicide and offers guidance about how communities can best use them to decrease suicide risk.	<a href="http://www.sprc.org/sites/sprc.org/files/library/RiskProtectiveFactorsPrimer.pdf">http://www.sprc.org/sites/sprc.org/files/library/RiskProtectiveFactorsPrimer.pdf</a>
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## Toolkits

Resource	Author(s)	Audience	Description	Cost/How to Purchase or Access
<i>National Suicide Prevention Week Participant Toolkit</i> 2012	Substance Abuse & Mental Health Services Administration	Educators, advocates and community organizers	The toolkit equips communities with information and resources for planning an event to help prevent substance abuse and promote mental, emotional, and behavioral wellness. Includes event ideas, budgeting tips, fact sheets, promotional tools, and additional resources.	Information is available at <a href="http://store.samhsa.gov/shin/content//SMA12-4687/SMA12-4687.pdf">http://store.samhsa.gov/shin/content//SMA12-4687/SMA12-4687.pdf</a>
<i>Preventing Suicide: A Toolkit for High Schools</i>	Substance Abuse & Mental Health Services Administration	Educators	This toolkit represents the best available evidence and expert opinion on preventing suicide among high school students. It provides schools with recommended steps and accompanying tools to guide them in creating and implementing strategies and programs that prevent teen suicide and promote behavioral health among their students.	Available to download for free at <a href="http://store.samhsa.gov/shin/content//SMA12-4669/SMA12-4669.pdf">http://store.samhsa.gov/shin/content//SMA12-4669/SMA12-4669.pdf</a>

## Websites

Resource	Audience	Description	How to Access
<b>Go Ask Alice!</b>	Teens	This is a web-based health question-and-answer service produced by Alice!, Columbia University's Health Education Program. Go Ask Alice! Provides information to help young people make better decisions concerning their health and well-being. Go Ask Alice! Answers questions about relationships, sexuality, emotional health, alcohol and other drugs, and suicide and depression.	Information can be found at <a href="http://www.goaskalice.columbia.edu">http://www.goaskalice.columbia.edu</a>
<b>Jason Foundation</b>	All Youth	A nationally recognized leader in youth suicide awareness, education and prevention. You'll find information on preventing suicide, warning signs and other information useful for doing term papers on suicide and suicide prevention.	Information is available at <a href="http://www.jasonfoundation.com/">http://www.jasonfoundation.com/</a>
<i>National Action Alliance for Suicide Prevention</i>	Everyone	This is a public-private collaboration developed by SAMHSA to promote suicide prevention.	Available at <a href="http://www.actionalliancefor-suicideprevention.org">http://www.actionalliancefor-suicideprevention.org</a>
<i>The Suicide Prevention Resource Center</i>		A SAMHSA-funded center that provides prevention support, training and resources to assist organization to develop suicide prevention programs, interventions and information on school-based prevention programs, a best	Information is available at <a href="http://www.sprc.org">http://www.sprc.org</a>



		practices registry, state information and more.	
<i>The Trevor Project</i>	Gay, lesbian, bisexual and questioning teens	This initiative promotes acceptance of gay, lesbians, bisexual and questioning teens and helps to prevent suicide among youth.  The Trevor Helpline (1-866-488-7386) is a 24 hour toll-free suicide helpline for teens.	Information is available at <a href="http://www.thetrevorproject.org">http://www.thetrevorproject.org</a>

## E14. TEEN DATING VIOLENCE RESOURCES

### Booklets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Teen Dating Violence as a Public Health Issue</i>	Children's Safety Network  2009	Educators, advocates and counselors	This 12 page booklet responds to the serious public health issue of teen dating violence. It provides data, research articles, updates on policy/legislation, evidence-based strategies and tools for prevention planning and a list of national organizations that address teen dating violence.	Resource is available to download at no cost at <a href="http://www.childrendefense.org/sites/childrendefense.org/files/TeenDatingViolenceasaPublicHealthIssue.pdf">www.childrendefense.org/sites/childrendefense.org/files/TeenDatingViolenceasaPublicHealthIssue.pdf</a>

### Brochures

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Is it Abuse?</i>	The National Center for Victims of Crime  2002	Teen dating violence victims and their friends	This brochure helps victims to recognize an abusive relationship and offers tips for keeping safe. Information is also included for friends who think someone they know is in an abusive relationship. Space is provided to easily add community information to the brochure, which is also available in color and black/white.	Resource is available at no cost through <a href="http://www.victimsofcrime.org/docs/DVRC/Dating%20Violence%20BRO_formX.pdf?sfvrsn=0">http://www.victimsofcrime.org/docs/DVRC/Dating%20Violence%20BRO_formX.pdf?sfvrsn=0</a>

### Campaigns

Resource	Author	Audience	Description	Cost/How to Purchase or Access
<i>Have A Heart Campaign</i>	Break the Cycle and Mary Kay Cosmetics	Teens	Teen dating violence is a silent epidemic - one in three teens experience some form of abuse and 2/3 of those who do, never report it. This campaign raises awareness for teen dating violence using the heart symbol to encourage conversation about the issue. Great for TDV awareness month which is in February.	Resources and downloadable materials available at <a href="http://www.teendvmonth.org/">http://www.teendvmonth.org/</a>

<i>HEART Primer</i>	California Adolescent Health Collaborative  2009	Medical Staff	Adolescent relationship abuse (ARA) is common and is associated with a multitude of negative health outcomes. The Healthcare Education, Assessment & Response Tool for Teen Relationships (HEART) Primer, is an innovative resource designed to improve the recognition of ARA and provide tools to address this challenge in clinical settings that serve adolescents.	Resource is available to download at <a href="http://www.californiateenhealth.org/health-topics/adolescent-relationship-abuse/resources/heart-primer">http://www.californiateenhealth.org/health-topics/adolescent-relationship-abuse/resources/heart-primer</a>
<i>A Thin Line</i>	MTV	Teens, Adults	This campaign was developed to empower teens to identify, respond to, and stop the spread of digital abuse. The campaign is built on the understanding that there's a "thin line" between what may begin as a harmless joke and something that could end up having a serious impact on you or someone else when it comes to forced sexting, textual harassment and cyberbullying. There is also a section for adults that can be used as a talking tool to open up a conversation on digital abuse, test awareness, and help encourage action on the issue at home or in school.	Information and resources are available at <a href="http://www.athinline.org">http://www.athinline.org</a>
<i>Let Your Heart Rule</i>  2011	Break the Cycle & Hope Line	High school students	Engages students across the country to learn about abusive relationships. The campaign includes vital information and resources for preventing abusive relationships. PSA's made by the campaign and students are also available on the website. Awareness items can be purchased and distributed during school assemblies, awareness tables, or dating violence awareness month.	Variety of costs for materials through <a href="http://www.letyourheartrule.com/">http://www.letyourheartrule.com/</a>
<i>My Strength</i>  2005	California Department of Health Services and the California Coalition Against Sexual Assault (CALCASA)	Young men	Designed to connect young men with others who are living a life based on equality, caring, and respect. The site offers some free downloads including posters, screensavers, radio commercials, postcards, and buddy icons. The site gives ideas of how to engage your peers and community by starting a My Strength Club.	Available at no cost through <a href="http://mystrength.org/7.0.html">http://mystrength.org/7.0.html</a>
<i>RESPECT Campaign</i>	Futures Without Violence (formerly Family Violence Prevention Fund)	Parents, teachers, coaches, advocates, and teens	Role models can use this campaign to teach young men and women about respect in relationships. It is critical for role models to talk to youth about healthy and respectful relationships, resources are available on the campaign's website to help these conversations.	Available at no cost through <a href="http://www.giverespect.org/respect/factsresources/">http://www.giverespect.org/respect/factsresources/</a>

<i>Start Strong: Building Healthy Teen Relationships</i>	Robert Wood Johnson Foundation & Futures Without Violence (formerly Family Violence Prevention Fund)	Ages 11 to 14 and teen influencers (older teens, parents/caregivers)	Education, community engagement, policy change, and communications/social marketing are the core pieces to this campaign that promotes healthy relationships among young people. Under the resources link there are many valuable handouts and other tools for talking to teens about dating violence.	Available at no cost through <a href="http://www.futureswithoutviolence.org/content/features/detail/780/">http://www.futureswithoutviolence.org/content/features/detail/780/</a>
<i>That's Not Cool</i> 2009	Family Violence Prevention Fund, Department of Justice's Office on Violence Against Women, & the Advertising Council	Teens	This is a national initiative focused on preventing controlling or abusive behavior occurring within the digital universe, including online and via a cellphone. Encourages teens to draw their own lines about what is, or is not, acceptable relationship behavior. Campaign marketing materials, instructional documents, videos, games, and radio ads are some of the learning tools available through the website.	Available at no cost through <a href="http://www.thatsnotcool.com">http://www.thatsnotcool.com</a>
<i>This Isn't Love</i> 2010	New York State Office for the Prevention of Domestic Violence	Teens	Through electronically distributing the campaign poster and web banner, the campaign spreads the message of dating violence. Images on the poster and banner get teens thinking about some of the behaviors they may be experiencing or inflicting (possessiveness, jealousy).	Materials are available at <a href="http://www.opdv.state.ny.us/public_awareness/campaigns/dv_campaigns/thisisntlove.html">http://www.opdv.state.ny.us/public_awareness/campaigns/dv_campaigns/thisisntlove.html</a>
NO MORE	Everyone	2012	This movement centered on a powerful new symbol that brings together all people and organizations who want to end domestic violence and sexual assault. The goal of the <b>NO MORE</b> symbol is to help spark a national dialogue and move the issues of domestic violence and sexual assault higher on the public's agenda.	Available without cost at <a href="http://www.nomore.org/">http://www.nomore.org/</a>

### Curricula/Manuals/Toolkits

Resource	Audience	Time/Sessions	Description	Cost/How to Purchase or Access
<i>DATING MATTERS: Understanding Teen Dating Violence Prevention</i>  By Centers for Disease Control and Prevention (CDC) and Liz Claiborne, Inc.  2010	Educators, school personnel, and youth leaders	60 Minutes	An interactive, web-based training designed to help users understand dating violence and prevention. The course will teach users to understand teen dating violence and its consequences, identify risk factors of teen dating violence, communicate with teens about the importance of healthy relationships, and about resources to prevent dating violence.	Available at no cost through <a href="http://www.vetoviolence.org/datingmatters/">http://www.vetoviolence.org/datingmatters/</a>

<p><i>Ending Violence</i></p> <p>By Break the Cycle</p> <p>2009</p>	<p>Grades 7-12</p>	<p>20 minutes</p>	<p>An innovative curriculum that provides tools to help teens prevent and safely end abusive relationships, understand their legal rights and responsibilities, and create a framework for building healthy relationships in the future. The DVD curriculum includes interactive classroom activities, animation, role plays and powerful interviews. An educator's guide, student self-guided resources, and adult presentations are also included. The curriculum can accommodate many time allotments.</p>	<p>Available to purchase (\$99) through <a href="http://www.endingviolence.net/index.php">http://www.endingviolence.net/index.php</a></p>
<p><i>Expect Respect</i></p> <p>By SafePlace</p>	<p>Grades 7- 12</p>	<p>8 lessons including Expect Respect Support Groups, SafeTeens and School- Wide Prevention Strategies</p>	<p>This is a school-based program for preventing teen dating violence and promoting safe and healthy relationships.</p> <p>Curriculum includes 8 lessons that empowers youth to become role models in preventing sexual violence, support group curriculum for 24 sessions, and strategies for school-wide prevention.</p>	<p>Available to purchase (\$160 through <a href="http://www.safeplace.org/page.aspx?pid=358">http://www.safeplace.org/page.aspx?pid=358</a></p>
<p><i>Love Is Not Abuse</i></p> <p>By Liz Claiborne, Inc.</p> <p>Updated 2010</p>	<p>Grades 9-12</p>	<p>2 hours</p>	<p>Offers a step-by-step guide to teaching students about dating violence. The program is best used in Health or English/Language Arts classes as it uses literature and poetry to address this sensitive subject. The curriculum was also updated to include information about technology and cyber-abuse in dating relationships. There is also a great 17 page Parent's Handbook available on the website entitled, <i>How to Talk to Your Children About Developing Healthy Relationships</i>.</p>	<p>Available at no cost through <a href="http://loveisnotabuse.com/web/quest">http://loveisnotabuse.com/web/quest</a></p>
<p><i>Making the Peace: An Approach to Preventing Relationship Violence Among Youth</i></p> <p>By The National Resource Center on Domestic Violence</p> <p>2000</p>	<p>Ages 14 to 19</p>	<p>15 sessions</p>	<p>Comprehensive curriculum, training and organizing program designed to prevent male-to-female family and dating violence. Includes organizers' manual, teachers' guide, and handouts.</p>	<p>Available at no cost through <a href="http://new.vawnet.org/Assoc_Files_VAWnet/NRC_MTP-full.pdf">http://new.vawnet.org/Assoc_Files_VAWnet/NRC_MTP-full.pdf</a></p>
<p><i>Teen Action Toolkit: Building a Youth-led Response to Teen Victimization</i></p> <p>By The National Center for Victims of Crime</p> <p>2007</p>	<p>Teen</p>			<p>Available at no cost through <a href="http://victimsofcrime.org/docs/Youth%20Initiative/Teen%20TOOLKIT.pdf?sfvrsn=0">http://victimsofcrime.org/docs/Youth%20Initiative/Teen%20TOOLKIT.pdf?sfvrsn=0</a></p>
<p><i>SAFE DATES</i></p>	<p>Middle and High</p>	<p>10 sessions</p>	<p>This dating abuse prevention program for middle and high school students</p>	<p>Available for purchase (\$225.00) at</p>


<p>Authors: <i>Vangie Foschee and Stacey Langwick</i></p> <p>2010</p>	<p>School Students</p>	<p>(50 minutes each)</p>	<p>consisting of a manual and CD-ROM of five components: a ten-session dating abuse curriculum; a play about dating abuse; a poster contest; parent materials including a letter, newsletter, and the Families for Safe Dates program; and an evaluation questionnaire.</p> <p>Works within the school community and in afterschool, community youth enrichment, and faith-based youth programs; and as an intervention tool at crisis centers or with victim support groups.</p> <p>SAFE DATES has been designated as a model program by the Substance and Mental Health Services Administration, <b>Safe Dates</b> was selected for the National Registry of Evidence-based Program and Practices (NREPP) and received high ratings on all criteria.</p>	<p><a href="http://www.hazelden.org/OA_HTML/ibeCCtpltmDspRte.jsp?item=38103&amp;sitex=10020:22372:US">http://www.hazelden.org/OA_HTML/ibeCCtpltmDspRte.jsp?item=38103&amp;sitex=10020:22372:US</a></p>
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## Fact Sheets

Resource	Author(s)/ Pub., Date	Audience	Description	Cost/How to Purchase or Access
<i>Teen Tools: Dating Violence</i>	The National Center for Victims of Crime	Teens	This is a fact sheet, 2 pages in length, identifies the characteristics of dating violence and identifies ways of getting help.	Available at no cost through <a href="http://www.ncdsv.org/images/NCVC_TeenToolsHelpForTeenageVictimsOfCrime.pdf">http://www.ncdsv.org/images/NCVC_TeenToolsHelpForTeenageVictimsOfCrime.pdf</a>
<i>Teen Dating Abuse 2009 Key Topline Findings</i>	Liz Claiborne Inc. and Family Violence Prevention Fund  2009	Variety	Fact sheet examining research that quantifies levels of teen dating abuse and explores the impact the economy has on violence. Length of the document is 11 pages and specific abusive behaviors are addressed.	Available at no cost through <a href="http://www.giverespect.org/assets/pdf/teen_dating_abuse_2009_key_topline_findings.pdf">http://www.giverespect.org/assets/pdf/teen_dating_abuse_2009_key_topline_findings.pdf</a>
<i>Teen Dating Violence Facts</i>	National Teen Dating Violence Prevention Initiative  2006	Variety	This 4- paged fact sheet includes statistics and information about teen dating violence. Specifically explores prevalence and frequency, parental awareness, teen awareness, incident reporting, contributing factors, and the legacy of dating abuse.	Available at no cost through <a href="http://www.clotheslineproject.org/teendatingviolencefacts.pdf">http://www.clotheslineproject.org/teendatingviolencefacts.pdf</a>
<i>The Facts on Tweens and Teens and Dating Violence</i>	Futures Without Violence  2011	Variety	This 2- paged sheet provides statistic on the prevalence of TDV for tweens and teens.	Available at no cost through <a href="http://www.futureswithoutviolence.org/userfiles/file/Teens/The%20Facts%20on%20Tweens%20and%20Teens%20and%20Dating%20Violence%20FINAL.pdf">http://www.futureswithoutviolence.org/userfiles/file/Teens/The%20Facts%20on%20Tweens%20and%20Teens%20and%20Dating%20Violence%20FINAL.pdf</a>

<i>Connection Between Dating Violence and Unhealthy Behaviors</i>	Futures Without Violence  2010	Variety	This 2 page fact sheet provides information on unhealthy behaviors and the risks associated with witnessing violence as a teen.	Available at no cost through <a href="http://www.futureswithoutviolence.org/userfiles/file/Teens/The_Connection_Between_Dating_Violence_and_Unhealthy_Behaviors_FINAL.pdf">http://www.futureswithoutviolence.org/userfiles/file/Teens/The_Connection_Between_Dating_Violence_and_Unhealthy_Behaviors_FINAL.pdf</a>
<i>Understanding Teen Dating Violence</i>	CDC	2014	2 page fact sheet that talks about the prevention of dating violence.	Available for download at <a href="http://www.cdc.gov/violenceprevention/pdf/teen-dating-violence-2014-a.pdf">http://www.cdc.gov/violenceprevention/pdf/teen-dating-violence-2014-a.pdf</a>

## Other Resources


Resource	Author(s)	Audience	Description	Cost/How to Purchase or Access
<i>Circle of 6</i>	Tech 4 Good, Inc.	College Students	This is the mobile way to look out for your friends – on campus or when you're out for the night.  <b>Circle of 6</b> lets you choose six trusted friends to add to your circle. If you get into an uncomfortable or risky situation, use Circle of 6 to automatically send your circle a pre-programmed SMS alert message, with your exact location. Two taps on your iPhone is all it takes.	Available for free at <a href="http://www.circleof6app.com/">http://www.circleof6app.com/</a>
<i>Dating Violence Prevention in Our Schools Curricula Comparison</i>	Ending Violence	Educators	This chart compares dating violence prevention curriculum based on if it's been evaluated, time required to implement it, cost and target audience.	Chart is available at <a href="http://www.endingviolence.net/pdf/ending-violence.curriculum-comparisons.pdf">http://www.endingviolence.net/pdf/ending-violence.curriculum-comparisons.pdf</a>
<i>Hanging Out or Hooking Up: Clinical Guidelines on Responding to Adolescent Relationship Abuse: An Integrated Approach to Prevention and Intervention</i>	Futures Without Violence	School Health Nurse or Health Care Provider	This 64 page booklet of guidelines focuses on the role of the adolescent health care provider in preventing, identifying and addressing adolescent relationship abuse (ARA).	Available for download at <a href="http://www.futureswithoutviolence.org/userfiles/file/HealthCare/hanging%20out%20guidelines_46797.pdf">http://www.futureswithoutviolence.org/userfiles/file/HealthCare/hanging%20out%20guidelines_46797.pdf</a>
<i>Real Talk Conversation Starter Cards</i>  2011	Rhode Island Coalition Against Domestic Violence	Teachers and Adults working with youth	Real Talk was designed specifically for adults who work directly with youth, either in a school or community setting. This tool is intended to help youth workers facilitate dialogue about teen dating violence and prepare them as they teach healthy relationship skills to youth.	<a href="http://www.ricadv.org/images/RealTalk_Conversation_Guide_2013.pdf">http://www.ricadv.org/images/RealTalk_Conversation_Guide_2013.pdf</a>  <a href="#">Download the RealTalk Conversation Cards</a>   <a href="#">Download the RealTalk Discussion Guide and Next Steps Manual</a>   <a href="#">Download the RealTalk Resource Guide for Educating Teens on</a>

				<a href="#">Healthy Relationships</a>
<i>A Teen's Handbook: What You Need to Know About Dating Violence</i>	Liz Caliborne, Inc.	Teens	The handbook follows the realistic story of teenagers Angela and Joe, who are involved in a violent dating relationship. Surrounding the couple is a circle of bystanders, some of whom are willing to risk speaking up and others who are reluctant to get involved. Warning signs of dating violence are identified, discussion options for how and when friends can get involved are provided and there is information to debunk myths surrounding the issue.	Available at no cost through <a href="http://www.loveisrespect.org/resources/teen_handbook.pdf">http://www.loveisrespect.org/resources/teen_handbook.pdf</a> OR <a href="http://www.vavnet.org/summary.php?doc_id=2201&amp;find_type=web_sum_GC">http://www.vavnet.org/summary.php?doc_id=2201&amp;find_type=web_sum_GC</a>
<i>National Resource Center for Teen Dating Violence Awareness Month</i>	Break The Cycle	Educators	This resource center is a collaborative effort to promote February as Teen DV Month by serving as a clearinghouse for all related activities.	Information is available at <a href="http://www.teendvmonth.org">http://www.teendvmonth.org</a>
<i>The Love Is Not Abuse iPhone App 2011</i>	Liz Claiborne, Inc. and The National Network to End Domestic Violence, Joyful Heart Foundation, Verizon Foundation, Wired Safety, Break the Cycle, Love Is Respect, MTV, Futures Without Violence, Seventeen Magazine, Mom Central and the American School Counselors Association.	Parents	This I-phone app was designed to teach parents about the dangers of teen dating abuse and provides a demonstrate to show how technology can be used to commit abuse. Text messages, emails and phone calls will be received real-time, mimicking the controlling, abusive behaviors teens might face in their relationships.	Information is available at <a href="http://www.loveisnotabuse.com/web/guest/pressrelease-scurrent-/journal_content/56/10123/188257/DEFAULT">http://www.loveisnotabuse.com/web/guest/pressrelease-scurrent-/journal_content/56/10123/188257/DEFAULT</a>  App is available free of charge in the <a href="#">iTunes App Store</a> under "Love Is Not Abuse".
<i>Talk with Your Teen About Healthy Relationships</i>		Parents	This online information helps teens build strong, respectful relationships by helping them develop skills that allow them to handle different situations and problem-solve to work things out.	Available at no cost through <a href="http://healthfinder.gov/prevention/ViewTopic.aspx?topicID=88&amp;cnt=1&amp;arealD=0">http://healthfinder.gov/prevention/ViewTopic.aspx?topicID=88&amp;cnt=1&amp;arealD=0</a>

## Posters

Resource	Author(s)	Audience	Description	Cost/How to Purchase or Access
<i>Love Is</i>	West Virginia Foundation for Rape Information and Services (FRIS)	College students and teens	Shows a compelling image of a heart that is split in half, with one side covering descriptions of a healthy relationship and the other half describing an unhealthy relationship. Can be used as a media source of primary prevention on a school campus.	Resource can be accessed at no cost through <a href="http://www.fris.org">www.fris.org</a> .  Go to "Resources" link

## Training Modules (Online/Printed)

Resource	Audience	Time/ Sessions	Description	Cost/How to Purchase or Access
<p><i>Teen Dating Abuse: The Basics</i></p> <p>Loveisrespect.org</p> <p>2007</p>	Teens and educators	30 minutes if other activities were added	This resource can be used to teach the basics of teen dating violence. Set up like a powerpoint (10 slides total).	 <p>Teen Dating Abuse the basics.pdf</p>

## Websites

Resource	Audience	Description	How to Access
<p><i>A Thin Line</i></p> <p>By MTV</p>	Teens	Initiative to empower America's youth to identify, respond to and stop the spread of digital abuse. There are a lot of videos on the website, particularly about sexting and other forms of digital abuse. Public Service Announcements, as well as an MTV News special called "Sexting in America", are available. These can be powerful tools in teaching today's teens about these digital behaviors. It is strongly suggested that you view the videos and determine which may be most appropriate for your classroom and students. The entire website can be viewed in English or Spanish.	Information and resources available at <a href="http://www.athinline.org">http://www.athinline.org</a>
<i>Break the Cycle</i>	Teens and young adults involved in domestic violence relationships.	<p>This non-profit website provides honest, practical help and information for teens and young adults. From learning the warning signs of abuse to safety planning to navigating the legal system, it provides the tools needed to have safer, healthier lives.</p> <p>Under the Community Tools &amp; Training link, there are a variety of resources for several audiences including: educators, adult professionals, parents, supports, media, and advocates.</p>	Information and resources available at <a href="http://www.breakthecycle.org">http://www.breakthecycle.org</a>
<i>Futures Without Violence (formerly the Family Violence Prevention Fund)</i>	Teens and young adults	This organization works to prevent violence and to help those whose lives are devastated by violence. Futures leads the work with national teen dating violence prevention efforts, including Start Strong: Building Healthy Teen Relationships, That's Not Cool and Lessons from Literature.	Information available at <a href="http://www.futureswithoutviolence.org">http://www.futureswithoutviolence.org</a>
<i>Know More, Say More</i>	Young females adults	Reproductive health, for many young women, is affected by sexual and domestic violence. This website provide stories and information about reproductive health consequences of violence and sexual coercion and how to stop it.	Information and resources available at <a href="http://www.knowmoresaymore.org">http://www.knowmoresaymore.org</a>
<i>Love Is Not Abuse</i>	Teens and Parents	This website provides information and tools that men, women, children, teens and others can use to learn more about the issue and find out how to be part of the solution.	Information available at <a href="http://www.loveisnotabuse.com/">http://www.loveisnotabuse.com/</a>



<p><i>Loveisrespect.org</i></p> <p>Break the Cycle and the National Dating Abuse Helpline</p>	<p>Educators, parents, young adults and teens</p>	<p>This website was created to foster healthy dating attitudes and relationships, to provide a safe space for young people to access information in an environment where they feel safe and supported online and off and to prevent and end abusive relationships.</p> <p>Offers presentation entitled Dating Abuse 101, public service announcements, questionnaires to help teens determine if they are in an abusive relationship or are abusers, ways to support a friend and a blog with tips and stories about dating abuse.</p>	<p>Information and resources available at <a href="http://www.loveisrespect.org">http://www.loveisrespect.org</a></p>
<p><i>My Strength/Mi Fuerza</i></p>	<p>Young male adults</p>	<p>This is a bilingual campaign developed to raise awareness of sexual violence among youth and highlight the vital role that young men can play in fostering healthy, safe relationships by <a href="#">Men Can Stop Rape</a>.</p>	<p>Information and resources available at <a href="http://www.mystrength.org/">http://www.mystrength.org/</a></p>